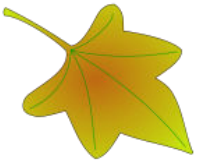


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Coordinators Allyson Hickey (506) 444-3880 ext. 2112 ahickey@yorkcarecentre.ca Jasmine Hebert (506) 4440-3880 ext. 3312 jhebert@yorkcarecentre.ca		 6:30 Music with Doucet Family (T1 DR)	1 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	2 11:00 Sunshine Stretches (T3 Lounge) 2:00 Balloon Toss (LIB) 6:30 YCF Bingo (FC)	3 10:00-12:00 Petting Zoo (FC) 11:00 Morning Exercises with Rehab (T3 Lounge)	4 10:30 Piano Music with Jasmine (T1 DR) 2:00 Movie Matinee (T3 DR)
6 10:30 Virtual Concert (Dixon Hemlock Lounge) 	7 10:30 Name That Tune (Dixon Hemlock Lounge) 2:00 Virtual Concert (T1 DR) Labor Day	8 Allyson is on T3 2:00 Creative Coloring (T3 LIB) 6:30 TV Series (T3 DR)	9 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	10 Jasmine on T3 11:00 Creative Corner (T3 LIB) 2:00 RC Mass (Chapel)	11 Allyson is on T3 PM 11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Balloon Badminton (T3 Lounge) Rosh Hashanah Begins	12 10:30 Baking: Monkey Bread (Tower 3 Activity Kitchen) 2:00 Name That Tune (Tower 1 Lounge)
13 10:30 Morning Social (Dixon Activity Kitchen) 	14 Allyson is on T3 AM 10:30 Beauty Time (T3 LIB) 2:00 Music with The Homeboys (FC)	15 Allyson is on T3 10:30 Tea & Trivia (T3 AK) 2:00 Music with Bob & Friends (FC)	16 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	17 Jasmine on T3 2:00 Protestant Communion (Chapel) 6:30 Name That Tune (T3 Lounge)	18 Allyson is on T3 PM 11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Jigsaw Puzzles (T3 LIB)	19 10:30 Morning Social (T3 LIB) 2:00 Taste of Fall Social (T1 DR) Oktoberfest Begins
20 10:30 Friendly Visits (Dixon)  Yom Kippur Begins	21 	22  6:30 Music with Paul Blackmore (T3 DR) Autumn Begins	23 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	24 Jasmine on T3 11:00 Sunshine Stretches (T3 Lounge) 2:00 Anglican Communion (Chapel) 3:30 Bean Bag Toss (LIB)	25 Allyson is on T3 PM 10:30 Preschool Visit (FC) 11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Virtual Concert (T3 DR) Sukkot Begins	26 10:30 September Trivia (T1 DR) 2:00 Piano Music with Jasmine (T3 DR)
27 10:30 Piano Music with Jasmine (Dixon Hemlock Lounge) 	28 Allyson is on T3 AM 10:30 Beauty Time (T3 LIB) 	29 Allyson is on T3 2:00 Baking (T3 AK) 6:30 Short Story Corner (T3 LIB)	30 10:30 Creative Coloring (Dixon AK) 2:00 Hot Chocolate and Music (T1 DR)	September 2026 Tower 3		

Programs are subject to change. Please check the daily sign board for the most up-to-date programming. Thank you!