

SUMMER CONCERT SERIES CELEBRATES 10 YEARS!



Thank you to everyone who joined us for the final show of our Summer Concert Series featuring Acoustic Rewind! This year's series was a record-breaker for attendance at York Care Centre, and we're so grateful to everyone who came out to enjoy the music with us. We look forward to seeing everyone again next summer!

A special thank you to Business Fredericton North for 10 years of partnership in bringing the Summer Concert Series to York Care Centre. We're grateful for their continued support and collaboration in creating these special opportunities for our residents, families, staff and the community to come together and enjoy live music.

The Summer Concert Series is presented by York Care Centre, in partnership with Business Fredericton North, and sponsored by York Care Foundation.



SEPTEMBER 2026

Monthly Winners

HR Draw

SARA ALLEN

\$25 Irving Gift Card

FOR SEPTEMBER DRAW

\$25 Cineplex Gift Card

Staff Pay2Play Lottery
Winners

ROXANNE ASHFIELD

August 6

GAIL PETERSON

August 20



HAWKINS MEMORIAL NURSING CERTIFICATION SCHOLARSHIP

Applications are now open for the Hawkins Memorial Nursing Certification Scholarship!

This scholarship supports York Care Centre RNs pursuing Canadian Nurses Association specialty certification in Gerontology GNC(C) or Hospice Palliative Care CHPCN(C). Funding covers CNA exam application and writing fees, study resources, and paid group study time.

To be eligible, applicants must have a supervisor's endorsement and meet the CNA practice requirements of either 1,950 hours of practice in the specialty area within the past five years, or 1,000 hours of practice in the specialty area within the past five years AND have completed a formal course in the specialty area (minimum 300 hours) from a recognized community college or university.

Deadline to apply: Friday, September 18, 2026. Applications can be dropped off in Geri Geldart's mailbox.

DRESS DOWN FRIDAY DONATIONS

Based on feedback from staff, funds raised through Dress Down Fridays will now be split between two charities!

The annual donation will be shared equally between Fredericton Community Kitchen and York Care Foundation.

Staff will receive a tax receipt from each organization for their portion of the donation.



NEW PAYMENT SYSTEM IN DAVE'S CAFE

Dave's Café is getting an upgrade! A new point-of-sale (POS) system will be introduced toward the end of September, offering a simpler and more user-friendly experience for staff. Further details about the new system and its launch will be shared as we get closer to the rollout.

NEW VENDING MACHINES

Starting the week of September 7th, York Care Centre will transition vending services to Village Vending. The new vending machines will offer sandwiches in addition to drinks and snacks. Machines will be restocked at least once a week and will accept cash, debit and credit cards.



SEPTEMBER 14-20, 2026
REHAB WEEK!

FAREWELL TO YCC SUMMER STUDENTS

A big thank you to our incredible summer students for an amazing summer!

We will miss you and wish you all the best in your studies this year: Josie (Junior Volunteer Coordinator), Brady (Rehab Assistant), Janvi (Activity Assistant), Olu (Activity Assistant), Katie (Wellness Coordinator), Riley (Maintenance Assistant), and Gracie (Maintenance Assistant).



JUNIOR VOLUNTEER END OF SUMMER PARTY

This summer, we were fortunate to have an incredible group of junior volunteers spend their time with us, making a huge impact on the lives of our residents. To celebrate and thank our amazing Jr volunteers, we hosted an end-of-summer party with delicious food, exciting games and prizes. Thank you to all our volunteers; we look forward to seeing you again next summer!



YCC SUMMER CARNIVAL

Our Recreation Team brought summer carnival fun to York Care Centre on Tuesday, August 11!

Residents could test their skills at Chuck a Duck and Skee-Ball, try their luck at the live slot machine, strike a pose in the photo booth, or head to the tattoo and face paint station.

And of course, one of the biggest hit was the face painting, thanks to the incredibly talented Astrid!



THURSDAY, SEPTEMBER 3rd

FRIENDSHIP CENTRE | 6PM

\$10 FOR 10 GAMES

\$1,000 JACKPOT!

WATER WARS!

In August, we hosted our first-ever Water Wars, and residents had a blast soaking staff with water! A big thank you to Amanda, Jasmine, and Jennifer, who were great sports, dressing up as ducks and frogs, and to Josie and our junior volunteers, who helped transport residents and joined in on the action.

We're not sure who had more fun, the residents or the staff! What a great way to cool off and beat the summer heat!



FAMILY FEUD GAME SHOW

On Friday, August 21, T1, T3, Dixon, and our Adult Day Program faced off in an epic Family Feud tournament. After a competitive showdown, ADP and T3 advanced to the finals. A 'Super Team' was assembled on the spot to fill in for ADP in the final round, and they went on to be crowned our YCC Family Feud Champions!



UPCOMING EVENTS

Wednesday
September 9th
10:00 am

FALL MALL CRAWL

We invite you to join us for a morning of chatting, browsing the stores, and walking together at the Regent Mall. Meet the group at the entrance near Chapters.

***PLEASE RSVP BY SEPTEMBER 8TH**
Regent Mall | 1381 Regent Street, Fredericton, NB

Tuesday
September 15th
2:00 pm

ICE CREAM SOCIAL

Enjoy a late-summer ice cream at Dairy Queen before we settle into the fall season. This is a good opportunity to socialize and enjoy a delicious treat on NHWW.

***PLEASE RSVP BY SEPTEMBER 9TH | LIMIT OF 15 PEOPLE**
Dairy Queen (Northside) | 540 Union Street, Fredericton, NB

Friday
September 18th
2:00 pm

PAINT N' SIP

The NHWW Sip n' Paint is back for another round! The theme of this painting session is Abstract Cats. All skill levels are welcome! We would love to see you there.

***PLEASE RSVP BY SEPTEMBER 11TH | LIMIT OF 15 PEOPLE**
YCC Friendship Centre | 100 Sunset Drive, Fredericton, NB

Thursday
September 24th
1:00 pm

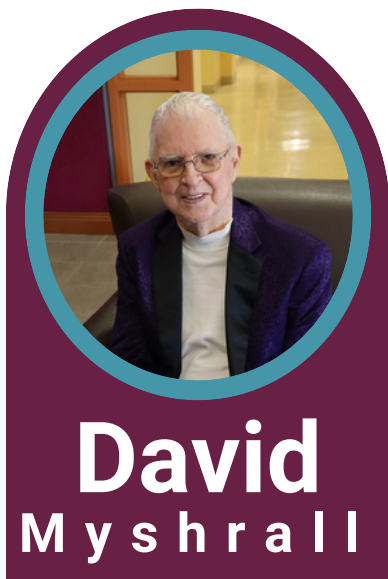
***DOORS OPEN AT 12:40PM**

LUNCH & LEARN - FOOTCARE

Join the NHWW team for an informational session on general and diabetic foot care. Presented by Jessie, LPN, and the owner of Jessie's Footcare.

***PLEASE RSVP BY SEPTEMBER 17TH &
NOTIFY US OF ANY DIETARY RESTRICTIONS**
YCC Friendship Centre | 100 Sunset Drive, Fredericton, NB

RESIDENT OF THE MONTH



Born and raised in Maplewood, NB, David grew up on a potato farm with his parents and seven siblings. Not having any toys to play with, David and his siblings made their own fun, rolling tires around the yard or walking to Millville to get food at the canteen.

David started working at a young age, leaving home at 13 to work on farms, picking rocks and rolling barrels of potatoes. He also worked in the woods, earning 10 cents for every tree he peeled and preparing about 40 trees a day. David spent 35 years working for the Department of Transportation as a snowplough operator before retiring in 2000.

Outside of work, David had a passion for horses. A professional horseman, he owned four Persian horses and showed them at exhibitions. He also hand-painted a horse carriage that went on to win awards. A self-taught carpenter, David put his skills to work building multiple houses and horse barns.

David has travelled throughout North America for both work and family trips. One of his favourite trips was to Manhattan, where he travelled with his family, bringing his mother along to help entertain the children during the drive. While there, he purchased a sharp yellow jacket that he took very good care of and still wears today.

These days, David enjoys spending his Friday nights at the Legion, socializing, listening to music and enjoying good company.

David's advice for future generations:

Share the love. Love your parents. Don't start fights. Love is the answer.



SUPPORT SERVICES WEEK

SEPTEMBER 6-12

President's Corner By Geri Geldart

It's hard to believe summer is winding down already! Families are gearing up for "back-to-school," home chefs are elbow-deep in salsa and pickles, and the wonderfully organized among us are already plotting Halloween costumes. There's something energizing about September. Like the first page of a fresh notebook, it always feels like the real start of a new year, full of possibility for new projects and new ideas. That same back-to-school energy of learning, growing, and trying something new is a great lens for looking at what's happening across York Care Centre this month.

Learning Together: 20 Tenets of Culture

Speaking of learning, we're well into the second half of our 20 Tenets of Culture program, and it's genuinely heartening to see around 100 staff members engaging regularly, watching the videos, reflecting on the concepts, and bringing them into their day-to-day work. That kind of sustained participation says a lot about our team's appetite for growth. Thank you to everyone who continues to show up for this.

Advocating for Our Residents

We continue to push hard for improved staffing in long-term care. The NB Nursing Home Association is pressing government for committed funding increases over each of the next five years, and we've submitted our own direct request for funding to roll out bathing teams across our facility — building on the success of the pilot program in Care Services earlier this year.

We've also been taking every opportunity to bring our message directly to decision-makers. In July, we met with the Hon. Lyne Chantal Boudreau, Minister of Seniors, and in August we welcomed our local MLA, Hon. Luke Randall, for a visit. These meetings are invaluable opportunities to showcase what we're doing well and to make the case, in person, for our priorities going forward. Every conversation like this helps keep long-term care top of mind where it matters.

Navigating Ethical Dilemmas Together

Have you ever faced a genuine ethical dilemma — a situation where every option comes with a trade-off? Maybe it's deciding whether to tell the truth about a colleague's mistake, knowing it could hurt them, or staying quiet and feeling like you've compromised your own honesty. In long-term care, these dilemmas show up often: balancing a resident's independence with their safety, navigating end-of-life decisions, ensuring informed consent, allocating limited resources fairly, and protecting privacy.

The good news is we don't have to face these moments alone. York Care Centre has a framework designed to help guide us through exactly these kinds of situations. Starting soon, we'll be offering short education sessions to introduce the framework and show how to apply it in everyday practice. Keep an eye out for more details and a schedule — this is a great chance to build a shared toolkit for handling some of the hardest calls in our work.

Thank You for the Small Touches That Matter

Finally, I want to thank each of you who have taken the time to make a resident feel special. A resident recently told me how much she enjoys being here at YCC because everyone makes her feel "special." And how do they do that? Well, according to her, it's the fact that everyone takes the time to call her by name. That's what makes the difference. And, she added with a smile, she likes the food too! Whether it's something as simple as calling someone by their name, helping them get to the outdoor concert, or just taking a moment to chat, these are the small touches that make a big difference. So thank you, for making our residents feel special.

With gratitude,
Geri Geldart
CEO, York Care Centre

WELLNESS CORNER

Respectful Communication in the Workplace



What is considered respectful communication?

Receiving information from others in a respectful way requires stopping what you are doing to give the other person your full attention, not speaking over or interrupting and using words to encourage the speaker to continue.

What are the 5 elements of respectful communication?

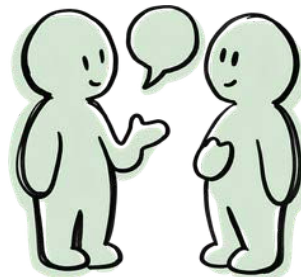
The elements required to be effective are trust, respect, understanding, empathy and resolution.

What are three principles of respectful communication in the workplace?

Listening actively, showing empathy, and being clear help build trust and good relationships

8 Ways You Can Improve Your Communication Skills

1. Be clear and concise.
2. Prepare ahead of time.
3. Be mindful of nonverbal communication.
4. Be aware of your tone.
5. Practice active listening.
6. Build your emotional intelligence.
7. Develop a workplace communication strategy.
8. Create a positive organizational culture.



Respect is the basis of a healthy and productive work environment.

Homewood Pathfinder - Your EFAP (Employee Family Assistance Program)

[Visit Homeweb.ca](http://homeweb.ca) or call 1-800-663-1142. Access to confidential 24/7/365 service.

How to register:

Step One: Visit www.homeweb.ca and click 'Sign Up'.

Step Two: Type your company name and click 'Find it!' Select the correct company from the list provided. Health Services Invitation Code: NBA552. Enter information into the required fields, choose an email and password, and click 'Next Step'.

Step Three: Let us know how you are covered by Homewood, (e.g. through your organization or the organization of a family member), and let us know your relationship to the organization (e.g. employee, spouse, dependent, etc.). Submit the additional information required and click 'Sign Up' at the bottom of the page.

Some health counselling services include:

- Grief and Loss
- Addictions
- Workplace Issues
- Depression
- Culture & Identity
- Anxiety
- Relationship (Couples & Family)
- Life Changes



YCC SEPTEMBER EVENT CALENDAR

Wednesday

September 2 | 3:30 pm
Friendship Centre
Family Advocacy

Thursday

September 3 | 6:30 pm
Friendship Centre
YCF Bingo

Friday

September 4 | 10 am
Friendship Centre
Petting Zoo

Friday

September 25 | 10:30 am
Friendship Centre
Preschool Centre Visit