

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

Tower 3

July 2026 Tower 3			 10:30 Phrase Game (Dixon Hemlock Lounge) 2:00 Name that Tune (T1 Lounge) Canada Day	1	2	Janvi on T3 PM	3	4		
10:30 'What's the Scoop?' Trivia (Dixon- Hemlock Lounge)	5	Allyson is on T3 AM Janvi is on T3	6	Allyson is on T3 PM	7	11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	8	9	10	11
	10:30 Tea & Trivia (T3 AK) 2:00 Parachute Fun with Janvi (T3 DR)	10:30 Music with Donny Gould (FC) 6:30 Classic TV Evening (T3 DR)	11:00 Creative Corner with Julie (T3 LIB) 2:00 Strawberry Shortcake Social (T1 DR)	11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Ice Cream Party (Best Parking Lot)	10:30 Name That Tune (T3 Lounge) 2:00 Guessing Game (T1 Lounge)	Independence Day (U.S.)				
10:30 Trivia (Dixon Hemlock Lounge)	12	Allyson is on T3 AM Janvi is on T3 AM	13	Allyson is on T3	14	Janvi is on T3	15	16	17	18
	10:30 Beauty Time (T3 LIB) 2:00 Music with The Homeboys (FC)	10:30 Baking (T3 AK) 2:00 Painting on Canvas (T3 LIB)	10:00 Outdoor Walks with Janvi (1:1) 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	11:00 Sunshine Stretches (T3 Lounge) 3:30 Trivia (T3 DR)	11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Mexican Folklore Dance (FC)	10:30 Summer Word Search (T3 LIB) 2:00 Ice Cream Float Social (T1 DR/CY)				
			Bastille Day							
10:30 Courtyard Social (Dixon CY)	19		20	Janvi is on T3 AM	21	Janvi is on T3 AM	22	23	24	25
		 6:30 Summer Concert Series "Country Classics" (Front Parking Lot)	10:30 Finish the Lyrics with Janvi (T3 LIB) 2:00 Music with Bob & Friends (FC)	10:00 Board Games with Janvi (T3 LIB) 11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC)	11:00 Sunshine Stretches (T3 Lounge) 2:00 Task Master Game Show (FC)	11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Bingo (T3 DR)	10:30 Piano Music with Jasmine (T1 DR) 2:00 Balloon Toss (T3 LIB)			
10:30 Piano Music with Jasmine (Dixon Hemlock Lounge)	26	Allyson is on T3 AM Janvi is on T3	27	Allyson is on T3 PM Janvi is on T3 PM	28	Janvi is on T3 PM	29	30	31	
	10:30 Beauty Time (T3 LIB) 2:00 Music with Thick as Thieves (FC)	2:00 Bowling (T3 DR) 6:30 Music with Paul Blackmore (T3 DR)	11:00 Morning Weight Program with Rehab (T3 Lounge) 2:00 Worship Service (FC) 6:30 Campfire Evening (T1 CY)	11:00 Sunshine Stretches (T3 Lounge) 2:00 Bean Bag Toss (T3 LIB) 3:30 Name That Tune (T3 Lounge)	11:00 Morning Exercises with Rehab (T3 Lounge) 2:00 Balloon Badminton with Janvi (T3 LIB)					
Activity Coordinators Allyson Hickey (506) 444-3880 ext. 2112 ahickey@yorkcarecentre.ca Jasmine Hebert (506) 444-3880 ext. 3312 jhebert@yorkcarecentre.ca Summer Student Intern: Janvi Summer Student: Olu										

Programs are subject to change. Please check the daily sign board for the most up-to-date programming. Thank you!