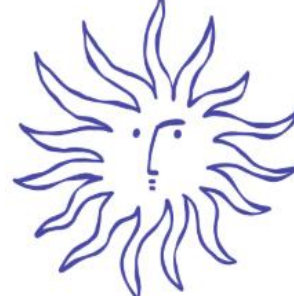


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 JULY Birch Grove 			AMANDA 8:30 – 4:30 1 <i>Amanda on general units</i> ASTRID OFF 	AMANDA 8:30 – 4:30 2 ASTRID 11:30 – 7:30 10:30 Outdoor Walks <i>Weather Permitting</i> 2:00 Balloon Toss 3:30 Brain Games 6:00 Snoezelen Sessions	AMANDA 8:30 – 4:30 3 ASTRID 11:30 – 7:30 10:30 Pathways 2:00 Chocolate Wafer Social <i>National Chocolate Wafer Day</i> 3:30 Finish the Phrase 6:00 Pictionary	AMANDA OFF 4 ASTRID 8:30 – 4:30 <i>Astrid on general units</i> 
AMANDA OFF 5 ASTRID 8:30 – 4:30 3:00 Dog Therapy with Beth & Strutter (BG)	AMANDA 8:30 – 4:30 6 ASTRID OFF 10:30 Crafter's Corner: Under the Sea 2:00 Brain Games 3:30 Grocery Sort Game	AMANDA 8:30 – 4:30 7 ASTRID OFF 10:30 Gentle Exercises 2:00 Music: Donny Gould (FC)	AMANDA 8:30 – 4:30 8 ASTRID 8:30 – 4:30 10:00 Strawberry Picking <i>By Invitation Only</i> 2:00 Worship Service (FC) 3:30 Strawberry Shortcake Social	AMANDA 11:30 – 7:30 9 ASTRID 8:30 – 4:30 10:30 Baking: Sugar Cookies <i>National Sugar Cookie Day</i> 2:00 Whack-a-mole 6:00 Movie Night	AMANDA 11:30 – 7:30 10 ASTRID 8:30 – 4:30 10:30 Reading Club 2:00 Ice Cream Party (Best Door Entrance) 6:00 Pina Colada Social <i>National Pina Colada Day</i>	AMANDA 8:30 – 4:30 11 ASTRID OFF 10:30 Baking: Blueberry Muffins 2:00 Manicures 3:30 Social
AMANDA 8:30 – 4:30 12 ASTRID OFF 10:30 Board Games 2:00 Movie Matinee 3:00 Dog Therapy with Beth & Strutter (BG)	AMANDA OFF 13 ASTRID 8:30 – 4:30 10:30 Short Story Corner 2:00 Music: The Homeboys (FC)	AMANDA OFF 14 ASTRID 8:30 – 4:30 10:30 Gentle Exercises 2:00 Water Gun Painting 3:30 Lemonade Social	AMANDA 12:30 – 8:30 15 ASTRID 12:30 – 8:30 2:00 Worship Service (FC) 3:30 Ball Toss 6:30 Music: Paul Blackmore & Bonfire (Outside of BG)	AMANDA 8:30 – 4:30 16 ASTRID 11:30 – 7:30 10:30 Manicures 1:00 Ice Cream Social 6:00 Crafter's Corner: Basket Weaving	AMANDA 8:30 – 4:30 17 ASTRID 11:30 – 7:30 10:30 Connect 4 2:00 Mexican Folk Dancers (FC) 6:00 Movie Night	AMANDA OFF 18 ASTRID OFF  <i>Happy Birthday Stirling!</i>
AMANDA OFF 19 ASTRID OFF 	AMANDA 12 - 8 20 ASTRID OFF 2:00 Bowling 3:30 Creative Coloring 6:30 Summer Concert Series (Front Parking Lot)	AMANDA 8:30 – 4:30 21 ASTRID 8:30 – 4:30 10:00 Gentle Exercise 11:45 Picnic <i>By Invitation Only</i> 2:00 Music: Bob & Friends (FC)	AMANDA 11:30 – 7:30 22 ASTRID 8:30 – 4:30 10:30 Crafter's Corner: Garden Bookmarks 2:00 Worship Service (FC) 3:30 Balloon Badminton 6:30 Snoezelen Sessions	AMANDA 11:30 – 7:30 23 ASTRID 8:30 – 4:30 10:30 Creative Coloring 2:00 Task Master Game Show (FC) 6:00 Movie Night	AMANDA 11:30 – 7:30 24 ASTRID 8:30 – 4:30 10:30 Manicures 2:00 Baking: Vanilla Cupcakes 3:30 Word Games 6:00 Cupcake Decorating	AMANDA OFF 25 ASTRID 8:30 – 4:30 10:30 Poetry Club 2:00 Sundae Social <i>National Hot Fudge Sundae Day</i> 3:30 Trivia: Fact or Fiction
AMANDA OFF 26 ASTRID 8:30 – 4:30 10:30 Cozy Café 2:00 Creative Coloring 3:00 Dog Therapy with Beth & Strutter (BG)	AMANDA 11:30 – 7:30 27 ASTRID OFF 2:00 Music: Thick as Thieves (FC) 6:00 Trivia	AMANDA 11:30 – 7:30 28 ASTRID OFF 2:00 Manicures 3:00 Music: Greenbrook Farm Band (BG) 6:00 Painting	AMANDA 8:30 – 4:30 29 ASTRID 8:30 – 4:30 10:00 Raspberry Picking <i>By Invitation Only</i> 2:00 Worship Service (FC) 3:30 Baking: Sprinkle Cookies	AMANDA 8:30 – 4:30 30 ASTRID 11:30 – 7:30 10:00 Outdoor Walks <i>Weather Permitting</i> 2:00 Puzzles 3:30 Ice Cream Bar Social 6:00 Crafter's Corner: Yarn Art	AMANDA 8:30 – 4:30 31 ASTRID 11:30 – 7:30 10:30 Creative Coloring 2:00 Baking: Raspberry Cake 3:30 Ladder Ball 6:00 Movie Night	Activity Coordinators Amanda Richard arichard@yokcarecentre.ca Astrid Hinojosa ahinojosa@yorkcarecentre.ca (506) 444 – 3880 Ext. 2406

Activities are subject to change. Updates will be posted on white board across from nurses' station and on Activity Kitchen window.