

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Tower 1

August 2026						Tower 1		10:30 Crosswords (Tower 3 Activity Kitchen)		2:00 Name that Tune (Tower 1 Lounge)	
2		3		4		5		6		7	
10:30 Trivia (Dixon-Hemlock Lounge)		10:30 New Brunswick Trivia (Dixon Hemlock Lounge)		10:30 Short Story Corner with Janvi (T1 LIB)		10:30 Beauty Time (T1 Lounge)		10:30 Movement to Music (T1 Lounge)		10:30 Tea & Trivia (T1 DR)	
		2:00 Is This Canadian? Trivia Game (T3 DR)		2:00 Crafters Corner with Janvi (T1 DR)		2:00 Worship Service (FC)		2:00 Kevin's Lil Ole Country Show (FC)			
9		10		11		12		13		14	
10:30 Outdoor Walks (Dixon 1:1)		Allyson is Off		Allyson is Off		Allyson is on Vacation Janvi is on T1		Allyson is on Vacation Janvi is on T1		Allyson is on Vacation Janvi is on T1 AM	
		11:00 Morning Exercises with Rehab (T1 Lounge)				10:30 Beauty Time with Janvi (T1 Lounge)		11:00 Balloon Fitness with Janvi (T1 Lounge)		1:30 Water Wars (T1 CY)	
10:30 Piano Music with Jasmine (Dixon Hemlock Lounge)		Allyson is on T1 PM		Allyson is in at 12pm Janvi is on T1 AM		Allyson is in at 12pm Allyson is on T1 PM Janvi is in at 12pm		Allyson is in at 12pm Allyson is on T1 PM Janvi is on T1		Allyson is on T1 AM Janvi is on T1 AM	
		11:00 Morning Exercises with Rehab (T1 Lounge)		10:30 Name that Tune with Janvi (T1 Lounge)		2:00 Worship Service (FC)		10:30 Bean Bag Toss with Janvi (T1 Lounge)		10:30 Baking (T1 AK)	
		2:00 Lemonade Social (T1 DR)		2:00 Music with Bob & Friends (FC)		6:30 Campfire Evening (T1 CY)		2:00 Bingo (T1 DR)		2:00 Family Feud (FC)	
10:30 Morning Social (Dixon- Activity Kitchen)		Allyson is on T1 PM		Janvi is on T1		Allyson is on T1		Allyson is on T1 Janvi is on T1		Allyson is on T1 AM Janvi is on T1	
		11:00 Morning Exercises with Rehab (T1 Lounge)		10:30 Word Search with Janvi (T1 DR)		10:30 Beauty Time (T1 Lounge)		10:30 Armchair Travel (T1 DR)		10:30 Word Games (T1 Lounge)	
		2:00 Virtual Concert (T1 DR)		2:00 Friendly Visits with Janvi (1:1)		2:00 Worship Service (FC)		2:00 Mini Games (T1 DR)		2:00 Farewell Party for Janvi (T1 DR)	
10:30 Courtyard Visits (Dixon 1:1)		Allyson is Off									
		11:00 Morning Exercises with Rehab (T1 Lounge)									
											
Activity Coordinator Allyson Hickey (506) 444-3880 ext. 2112 ahickey@yorkcarecentre.ca Summer Intern: Janvi											

Programs are subject to change. Please check the daily sign board for the most up-to-date programming. Thank you!