



THE LATEST BUZZ

CONGRATULATIONS TO THE 2026 SCHOLARSHIP WINNERS!



We are thrilled to announce and celebrate the achievements of our 2026 scholarship recipients.

Congratulations to Amy Howe and Tiffany Newman, recipients of the Judy Yeaman Scholarship, funded by York Care Foundation, and to Jancel Fabro and Yusuf Bapeto, recipients of the York Care Centre General Scholarship.

Their dedication to continuing their education and professional development is something to be proud of. York Care Centre is honoured to support our staff as they pursue their academic and career goals.

We wish Amy, Tiffany, Jancel, and Yusuf the very best in their studies.

AUGUST 2026

Monthly Winners

HR Draw

TANYA MACRAE

\$25 Walmart Gift Card

FOR AUGUST DRAW

\$25 Irving Gift Card

Staff Pay2Play Lottery
Winners

JANNETH CARDENAS

July 9

CHRISTA BREWER

July 23



**Summer
Concert Series
Acoustic Rewind**
Monday, Aug 17
Front Parking Lot



HAWKINS MEMORIAL NURSING CERTIFICATION SCHOLARSHIP

York Care Centre is pleased to recognize and thank Max Hawkins and the Hawkins family for their generous \$15,000 donation to establish the Hawkins Memorial Nursing Certification Scholarship in memory of Florence Hawkins and Susan Hawkins Ross.

This scholarship supports York Care Centre RNs pursuing Canadian Nurses Association specialty certification in Gerontology GNC(C) or Hospice Palliative Care CHPCN(C). Funding covers CNA exam application and writing fees, study resources, and paid group study time.

To be eligible, applicants must have a supervisor's endorsement and meet the CNA practice requirements of either 1,950 hours of specialty practice within the past five years or 1,000 hours of specialty practice plus a 300-hour post-basic specialty course. The application deadline is Tuesday, September 1, 2026. Nurses interested in applying are encouraged to speak with their Unit Coordinator or Jamie Roy for more information.

We are incredibly grateful for the Hawkins family's investment in advancing nursing excellence at York Care Centre.



WELCOME TO THE YORK CARE CENTRE FAMILY!



Join us in welcoming the newest members of the York Care Centre (YCC) family! These talented individuals bring valuable experience and expertise, and we are thrilled to have them on board.

(left to right) Lindsay Carmichael (DA), Amanpreet Kaur (RA), Lori Sheffield-Bowles (RA), Coady Lewis (RA), Michael Smissaert (RA), Maria Farrah (RA), Harry Singh (RA).



CELEBRATING ACHIEVEMENTS

Congratulations to Kim Grantham on obtaining her GPN license. Welcome to the LPN team!

Congratulations to Camille Salvador on passing her NCLEX and obtaining her RN certificate of registration!

YCC APPAREL NOW AVAILABLE TO ORDER!

York Care Centre-branded apparel is now available to order! With options ranging from t-shirts and polos to zip-ups, hoodies, hats, and drinkware.

Sizes run from XS to 4XL with multiple colour options. Product samples will be set up in Dave's Café on Wednesday, August 5, from 12 - 2 pm, allowing staff to check out the items and try them on for sizing. Samples will also be available in Administration to try on.

Place your order anytime online, with free pickup at Hunter's Biz and free shipping on orders over \$125.

<https://york-care-centre.itemorder.com/shop/home/>



HAIR CARE SERVICES AT YORK CARE CENTRE



Effective August 21, 2026, our current hair care provider, Tabatha Hachey, along with Candace and Michelle, will be leaving York Care Centre.

We are incredibly grateful for the care, kindness, and dedication they have shown our residents over the years. Their services have been an important part of our community, and we thank them for the many connections they have made and the care they have provided. We wish Tabatha, Candace, and Michelle all the best in their future endeavours.

Due to their departure, there will be a temporary interruption in hair care services at York Care Centre while we work to secure a new provider. We understand that these services are important to many of our residents and appreciate your patience and understanding as we navigate this transition.

We will share updates with staff, residents and families as soon as more information becomes available.

TASKMASTER GAME SHOW

On July 23rd, we held the second annual York Care Centre Taskmaster Gameshow, featuring Jennifer Beals as our Taskmaster and host, alongside her trusty assistant, Jose!

Five residents teamed up with our junior volunteers to take on a series of fun and creative challenges, earning points along the way in hopes of taking home the coveted York Care Taskmaster trophy. After all five tasks were complete, the competition was so close that the top two teams were tied; a game of rock, paper, scissors ultimately decided the winner!



THURSDAY, AUGUST 6th

FRIENDSHIP CENTRE | 6PM

\$10 FOR 10 GAMES

\$1,000 JACKPOT!

SUMMER CONCERT SERIES

Thank you to everyone who joined us on July 20th for the second concert in our Summer Concert Series featuring Country Classics!

Mark your calendars and join us again on Monday, August 17th at 6:30 pm, for our next concert in the series with Acoustic Rewind.

The Summer Concert Series is presented by York Care Centre, in partnership with Business Fredericton North, and sponsored by York Care Foundation.



MEXICAN FOLKLORE DANCE

On July 17th, we had the pleasure of welcoming Latido Dance Company to York Care Centre. Travelling from Moncton, they shared the vibrant traditions of Mexican folkloric dance with our residents through a beautiful and engaging performance.



UPCOMING EVENTS

**Friday
August 7th
2:00 pm**

GROUP YOGA

Join us for a guided group yoga session at YCC with a yoga instructor from The Nest. No prior experience required, this is a great opportunity to try something new or expand on your abilities.

***PLEASE RSVP BY AUGUST 6TH**

YCC Friendship Centre | 100 Sunset Drive, Fredericton, NB

**Monday
August 17th
6:30 pm**

SUMMER CONCERT SERIES - YCC

This is the last summer concert hosted at YCC and features acoustic classics played by "Acoustic Rewind."

*Meet to the left of the main entrance of YCC.

***PLEASE RSVP BY AUGUST 14TH**

YCC Front Parking Lot | 100 Sunset Drive, Fredericton, NB

**Wednesday
August 19th
7:00 pm**

SUMMER CONCERT SERIES - BFN

As part of their ongoing summer concert series, Business Fredericton North welcomes you to join them for live music featuring "Giddy Up," a local country rock band.

***PLEASE RSVP BY AUGUST 18TH**

Lawrence Amphitheatre | 116 Main Street, Fredericton, NB

**Thursday
August 27th
1:00 pm**

LUNCH & LEARN - NATIONAL SEATING AND MOBILITY

Join the NHWW team at YCC for an informational session on National Seating & Mobility. Provided by guest speakers Mary Crupi and Kristen Alcorn.

***PLEASE RSVP BY AUGUST 20TH &**

NOTIFY US OF ANY DIETARY RESTRICTIONS

YCC Friendship Centre | 100 Sunset Drive, Fredericton, NB

RESIDENT OF THE MONTH



**Carol
Randall**

Carol Randall was born in 1944 in St. Stephen, New Brunswick and grew up in Blacks Harbour as the oldest of three children. Her father was a Baptist minister who also bred registered German Shepherds, and both of her parents were originally from Nova Scotia.

At the age of eight, Carol contracted polio. Despite missing a significant amount of school and undergoing multiple surgeries and years of physiotherapy, she graduated from Harvey High School. With the help of long leg braces and crutches, Carol spent most of her life walking. Today, she is one of the oldest living Canadians with paralytic polio.

After high school, Carol worked as a bookkeeper before landing her dream job in 1972 as the National Hockey League's first Statistical Researcher in Montreal. Over eight years, she compiled statistics for as many as 21 teams each day for league publications and media outlets, long before computers streamlined the process. Despite working for the NHL in Montreal, she remains a loyal Toronto Maple Leafs fan.

Sports statistics became a lifelong passion. Carol worked with Sport New Brunswick, Softball New Brunswick, and as a statistician for local hockey, baseball, curling, and bowling organizations. In recognition of her contributions, she was inducted as a Builder into the Fredericton Sports Wall of Fame in 2012.

An accomplished author, photographer, and animal lover, Carol has published several books, created Fredericton-themed photography products sold throughout the city, and designed the Fredericton Trails Tourist Information Centre, affectionately known as Carol's Cottage.

Carol's advice for future generations:

Combine your interests with your abilities. As long as you have money to cover your living expenses, clothes on your back and food in your stomach, don't be scared to take a job that is low-paying. The days will go quicker, and you will be happier. Always follow your heart and dreams.

President's Corner By Geri Geldart



Speaking Up for the People We Serve

This month, I want to talk about advocacy, because at York Care Centre, caring for our residents goes beyond the day-to-day care you provide. It also means standing up and speaking clearly about what our residents, and residents across this province, need to live with dignity.

This week, we had the pleasure of welcoming the Minister of Seniors, Lyne Chantal Boudreau, along with her staff, to our facility. It was a short visit, but a meaningful one. The Minister toured Tower 1 and had the chance to meet some of our residents and staff and to see, firsthand, the people behind the statistics and the policies. I'm always proud of these moments, because our staff and residents are our best ambassadors. They show, better than any presentation ever could, what quality care actually looks like.

We also used the visit as an opportunity to be candid — about both our strengths and our challenges.

On the strengths side, we were proud to share that our facility infrastructure has recently been rated as excellent by an external engineering firm. That doesn't happen by accident. It's the result of years of careful stewardship and a staff team that takes real pride in their work. We also shared the success of our bathing team trial, piloted on Tower 1 this past winter. The results were clear and positive, and they've shaped one of our key requests: increased hours of care, including dedicated funding for bathing teams, so that more than one bath a week can become the standard our residents deserve, not the exception.

On the challenges side, we didn't shy away from the harder conversations. We talked about the growing

complexity of the residents we care for today, and the corresponding need for more registered nurses to meet that complexity safely and well. We talked about activity coordinators, because quality of life isn't a luxury add-on to quality of care, it's part of it. Residents deserve the chance for meaningful engagement every single day, not just when staffing allows. And we were honest that our kitchen needs attention. Much of our equipment is operating well beyond its expected life, and infrastructure like this matters just as much to daily dignity as anything else we do.

Finally, we shared something I'm particularly passionate about: the idea that York Care Centre, given our size, experience, and expertise, is well positioned to be a resource for others in this sector. We're not just asking for support for ourselves. We walked the Minister through our strategic plan and the vision for York Care Centre as a Centre of Excellence, one that can help lift the whole sector, not just our own walls.

Advocacy like this matters. It's how good intentions on the front line get translated into the funding and policy decisions that make those intentions possible. I'm grateful the Minister and her staff took the time to visit, to listen, and to see our home in person. Real change starts with real understanding, and I believe this visit moved us a step closer to both.

As always, thank you for everything you do, every day, to make York Care Centre the kind of place our residents are proud to call home.

With gratitude,
Geri Geldart
CEO, York Care Centre

WELLNESS CORNER

Levy, Lynne. "5 Reasons Kindness Matters at Work." *Workhuman*, 20 May 2026, www.workhuman.com/blog/5-reasons-kindness-matters-at-work/.

5 Reasons Kindness Matters at Work

Kindness is not something that should be reserved just for friends and family; it should extend to our colleagues and work family. Practicing kindness can lead to positive impacts for both the employees and the organization.

1. **Kindness boosts productivity.** Kindness can energize a team, driving morale and engagement.
2. **Kindness builds trust.** Kindness builds trust in the workplace and enables people to let down their guard to emotionally connect with their colleagues, driving innovation and productivity.
3. **Kindness is contagious.** Kindness itself is contagious and it can cascade across people, taking on new forms along the way."
4. **Kindness creates leaders.**

Kindness is a catalyst that enables individuals to be great leaders. Leadership is not about being in charge. Leadership is about taking care of those in your charge.

Kind leaders:

- take into account the needs of their teams.
- find common ground.
- value relationships.
- are confident enough to treat everyone with respect.
- do not allow others to be bullied or treated with disrespect.
- relentlessly encourage their teams.
- challenge their teams to continuously grow.
- speak the hard truths employees need to hear.

5. **Kindness creates a positive work culture.** Positive employees build teams and cultures where people actually want to work.

How to be intentionally kind

Every act of kindness can have an impact. Success lies in recognizing that we can influence the culture we work in by being kind. Some simple ways to be kind include:

- Allow others to speak before you in meetings.
- Help an overwhelmed co-worker with a deadline.
- Be willing to listen first and ask, "How can I help?"
- Recognize the good work of others.
- Create opportunities for your team to celebrate together.
- Ask, "How are you?"
- Smile.
- Become a mentor.
- Celebrate birthdays and other important events.
- Squash a rumour.

Let's all take the challenge ... each of us does one kind thing for a colleague to start to build a wave of positivity.

Homewood Pathfinder - Your EFAP (Employee Family Assistance Program)

[Visit Homeweb.ca](http://www.homeweb.ca) or call 1-800-663-1142. Access to confidential 24/7/365 service.

How to register:

Step One: Visit www.homeweb.ca and click 'Sign Up'.

Step Two: Type your company name and click 'Find it!' Select the correct company from the list provided. Health Services Invitation Code: NBA552. Enter information into the required fields, choose an email and password, and click 'Next Step'.

Step Three: Let us know how you are covered by Homewood, (e.g. through your organization or the organization of a family member), and let us know your relationship to the organization (e.g. employee, spouse, dependent, etc.). Submit the additional information required and click 'Sign Up' at the bottom of the page.

Some health counselling services include:

- Grief and Loss
- Addictions
- Workplace Issues
- Depression
- Culture & Identity
- Anxiety
- Relationship (Couples & Family)
- Life Changes

YCC AUGUST EVENT CALENDAR

Thursday August 6 2 pm Friendship Centre Kevin's Lil Ole Country Show	Thursday August 6 6:30 pm Friendship Centre YCF Bingo	Tuesday August 11 2 pm Friendship Centre Carnival Event
Friday August 14 All Day Outside Water Wars	Monday August 17 6:30 pm YCC Front Parking Lot Summer Concert Series Acoustic Rewind	Thursday August 20 2 pm Friendship Centre JV Farewell Party

Friday August 21 2 pm Friendship Centre Family Feud
