

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

Tower 2



1 2:00 Snoezelen Sessions (1:1)	2 10:30 Snoezelen Sessions (1:1) 2:00 Mobile Music Therapy (DR) 3:30 Crafter's Corner (LIB) Happy Groundhog Day!	3 10:30 Creative Coloring (DR) 2:00 Ball Toss (Lounge) 3:30 Off Unit Walks (1:1)	4 10:30 Morning Exercises (Lounge) 2:00 Worship Service (FC)	Jasmine on T3 5 	6 10:30 Aromatherapy (1:1) 2:00 Piano Music with Jasmine (DR) 3:30 Mad Libs (AK)	7 
8 2:00 TV Series (DR)	Jasmine OFF 9 	Jasmine OFF 10 	11 10:30 Morning Exercises (Lounge) 2:00 Worship Service (FC)	Jasmine on T3 12 2:00 RC Mass (Chapel)	13 10:30 Manicures (DR) 2:00 Valentine's Day Party (FC)	14 
15 2:00 Virtual Concert (DR)	16 Happy Family Day! 	17 2:00 Bob and Friends (FC) 6:30 Water Painting (LIB)	18 2:00 Worship Service (FC) 6:30 Wally McKinnion (T1 DR)	Jasmine on T3 19 2:00 Protestant Communion (Chapel) 6:30 Special Music by the Lion's Club (FC)	20 10:30 Pathways (DR) 2:00 Flower Arranging (DR)	21 
22 2:00 Snoezelen Sessions (1:1)	23 10:30 Morning Social (DR) 2:00 Movie Matinee (DR)	24 10:30 Music with Susie Q (DR) 2:00 Ball Toss (Lounge) 3:30 Helping Hands (DR)	25 10:30 Morning Exercises (Lounge) 2:00 Worship Service (FC)	Jasmine on T3 26 2:00 Anglican Communion (Chapel)	27 10:15 Pre-School Centre Visits (FC) 2:00 Manicures (DR) 3:30 Virtual Concert (DR)	Activity Coordinator 28 Jasmine Hebert jhebert@yorkcarecentre.ca (506)-444-3880 Ext. 3112

Activities are subject to change, see daily sign board for most up-to-date changes.