

sunday	monday	tuesday	wednesday	thursday	friday	saturday
activity coordinators <i>Amanda Richard</i> arichard@yorkcarecentre.ca <i>Astrid Hinojosa</i> ahinojosa@yorkcarecentre.ca (506) 444-3880 Ext. 2406	AMANDA OFF ASTRID OFF  Labour Day	AMANDA OFF ASTRID 12:30 – 8:30 2:00 Creative Colouring 3:30 Trivia: September	AMANDA 12:30 – 8:30 ASTRID 12:30 – 8:30 2:00 Worship Service (FC) 3:30 Pictionary 6:00 End of Summer Bonfire (BG) <i>Weather Permitting</i>	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Gentle Exercises 2:00 Puzzles 3:30 Crafter's Corner: Pudding Slime 6:00 Trivia: Jobs	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Baking: Brownies 2:00 Movie Matinee & 1:1 Activities 3:30 Brownie Social 6:00 Crafter's Corner: Birch Trees	
AMANDA OFF ASTRID OFF  Happy Grandparents Day!	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Gentle Exercises 2:00 Music: The Homeboys (FC) 6:00 Brain Games	AMANDA 12:30 – 8:30 ASTRID 8:30 – 4:30 10:30 Short Story Corner 2:00 Men's Activity 3:30 Finish the Phrase 6:30 Music: Paul Blackmore (BG)	AMANDA 8:30 – 4:30 ASTRID 11:30 – 7:30 10:30 Poetry Club 2:00 Worship Service (FC) 3:30 Umbrella Ball Toss 6:30 Cozy Café	AMANDA 8:30 – 4:30 ASTRID 11:30 – 7:30 10:30 Baking: Apple Cider Muffins 2:00 RC Mass (Chapel) 2:00 Crafter's Corner 6:00 Documentary & 1:1	AMANDA 8:30 – 4:30 ASTRID 11:30 – 7:30 10:30 Outdoor Walks <i>Weather Permitting</i> 2:00 Kevin's Lil Ole Country Show (FC) 6:00 Paint and Sip	AMANDA OFF ASTRID 8:30 – 4:30 2:00 Baking: Peanut-Butter Cookies <i>National Peanut Day</i> 3:30 Cookie Social
AMANDA OFF ASTRID 8:30 – 4:30 2:00 Creative Colouring National Coloring Day 3:00 Dog Therapy with Beth and Strutter	AMANDA 8:30 – 4:30 ASTRID OFF 10:30 Creative Coloring 2:00 Apple Cider Social 3:30 Catch Phrases	AMANDA 8:30 – 4:30 ASTRID OFF 10:30 Gentle Exercise 2:00 Music: Bob & Friends (FC)	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Crafter's Corner 2:00 Worship Service (FC) 3:30 Word Games 5:00 Special Supper: Pizza <i>By Invitation</i> 6:30 Snoezelen Sessions	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Seated Yoga 2:00 Protestant Comm. (Chapel) 3:30 Apple Pie Social 6:00 Fireside Story Corner	AMANDA 11:30 – 7:30 ASTRID 8:30 – 4:30 10:30 Baking: Chai Cake 2:00 Reminiscing Activity: Fall & Chai Cake Social 3:30 Ball Toss 6:00 Crafter's Corner: Apple Stamping	AMANDA 8:30 – 4:30 ASTRID OFF 10:30 Baking: Apple Crisp 2:00 BINGO! 3:30 Current Events & Tasting
AMANDA 8-4 ASTRID OFF 10:00 Manicures 10:30 Harvest Discovery Box 2:00 License Plate Game 3:00 Dog Therapy with Beth and Strutter World Alzheimer's Day	AMANDA OFF ASTRID OFF 	AMANDA OFF ASTRID OFF 	AMANDA OFF ASTRID 11:30 – 7:30 2:00 Worship Service (FC) 3:30 Short Story Corner 6:30 Trivia: New Brunswick Happy Birthday Helen!	AMANDA OFF ASTRID 11:30 – 7:30 2:00 Anglican Comm. (Chapel) 2:00 Puzzles 3:30 Lemonade Social 6:00 Snoezelen Sessions	AMANDA OFF ASTRID 11:30 – 7:30 2:00 Poetry Club 3:30 Seated Soccer 6:00 Movie Night & 1:1 Activities	
AMANDA OFF ASTRID OFF 	AMANDA OFF ASTRID 11:30 – 7:30 2:00 Manicures 3:30 Finish the phrase 6:00 Creative Coloring	AMANDA OFF ASTRID 8:30 – 4:30  National Day for Truth & Reconciliation		SEPTEMBER <i>birch grove</i>		

ALL ACTIVITIES ARE SUBJECT TO CHANGE. UPDATES WILL BE POSTED ON THE WHITEBOARD ACROSS FROM THE NURSES STATION.