



## THE LATEST BUZZ



The JT Clark Family Foundation is matching donations up to \$75,000!

## TOWER 2 MEMORY CARE CAMPAIGN

York Care Foundation is proud to announce the launch of the Tower 2 Memory Care Campaign, a \$150,000 fundraising initiative to support essential renovations to Tower 2. This project is focused on creating a home-like, calming environment designed to reduce the symptoms of dementia such as restlessness, anxiety, and confusion.

The refreshed space will include sensory-rich elements like interactive wall art and textured surfaces, comfortable lounges, inviting communal spaces, and a more home-like dining experience. These updates aim to support resident well-being, creating a familiar and peaceful environment that promotes comfort and connection.

You may have already noticed the transformation underway—common areas have been repainted in soft, soothing tones, and the balconies will soon be beautifully redone to offer more inviting outdoor spaces.

York Care Foundation is incredibly grateful to our generous donors and to the J.T. Clark Family Foundation for their support. Thanks to their generosity, all donations made to the Memory Care Campaign between now and October 31 will be matched up to \$75,000!

To learn more, contact [info@yorkcarefoundation.ca](mailto:info@yorkcarefoundation.ca) or scan the QR code to donate and have your contribution matched!

JUNE 2025

### Monthly Winners

HR Draw

**EMILY SPARKES**

\$25 Cineplex Gift Card

**FOR JUNE DRAW**

\$25 Superstore Gift Card

Staff Pay2Play Lottery  
Winners

**CINDY SAVOIE**

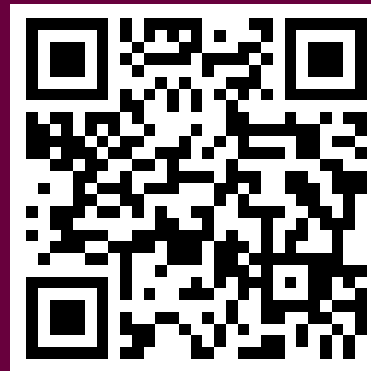
MAY 1

**LISA MOREHOUSE**

MAY 15

**GAIL PAUL**

MAY 29





## NEW DIXON UNIT COORDINATOR

Congratulations Shelley Saunders, RN, on her new position as Dixon Unit Coordinator effective June 9<sup>th</sup>!

## 2025 RESIDENT-CENTRED HOME AWARD WINNERS!

The Memory Lane Project in Birch Grove has received the 2025 Resident-Centred Home Award from the New Brunswick Association of Nursing Homes!

Special congratulations to **Jamie Roy, Rose Chase, Jennifer Beals, and Terry Grant** for bringing this project to life. Their dedication to creating an environment that celebrates our residents' abilities rather than their limitations exemplifies the values we all share at York Care Centre.



## WELCOME TO THE YORK CARE CENTRE FAMILY!



Join us in welcoming the newest members of the York Care Centre (YCC) family! These talented individuals bring valuable experience and expertise, and we are thrilled to have them on board.

*(left to right) Eric Ingram (MU), Leah Travers, Junior Volunteer Coordinator – Summer Student, Aylish Leavitt, Maintenance Assistant – Summer Student, Hope Lavigne, Rehab Assistant – Summer Student, Maida Lawas (RA), Sheena Mae Buella (RA).*

## WELCOME TO CANADA!

We are pleased to welcome Sheena Mae Buella and Maida Lawas to Canada and the York Care Centre family!

Sheena Mae and Maida are Internationally Educated Nurse candidates who arrived from the 2024 Recruitment Mission in the Philippines.





## NURSING HOME WEEK



Attention all staff! Get ready for a week of fun and celebration during Nursing Home Week, happening June 8-14!

- Wednesday, June 11 - Staff Appreciation BBQ | Dave's Café | Noon sitting 12 - 2 PM, evening sitting 5:30 - 7 PM, pizza for night staff.
- Friday, June 13 - Staff Retirement Celebration & Years of Service Awards | Friendship Centre | 2:30 PM

## MOTHER'S DAY CELEBRATION

On May 8<sup>th</sup> we gathered to celebrate the wonderful women of York Care Centre at our annual Mother's Day event!

Residents enjoyed live music thanks to the Stepping Stone Troubadours, who performed at our first seating, and Doucet Family, who performed during the evening event.

A big thank you to everyone who joined us for this special occasion and made it a memorable celebration of the remarkable women at York Care Centre!



## WALK FOR ALZHEIMER'S

On Friday, May 23rd, staff, residents, and families participated in the York Care Centre Walk for Alzheimer's, in support of Canadians living with dementia and the thousands more who care for them.

Due to the rainy weather, the walk was held inside York Care Centre, with participants making their way through the units and hallways before gathering for a celebration in the Friendship Centre.

A massive thank you to everyone who attended—residents, staff, volunteers, family, and friends—for making the walk a huge success with over 90 participants!



## YCC JUNE EVENT CALENDAR

June 8- 14

Tuesday

Thursday

Monday

Monday

**Nursing Home Week**  
Staff BBQ  
Staff Retirement + Years  
of Service Celebration

June 10 | 6:30 pm  
Bingo Night in support  
of York Care Foundation  
Friendship Centre

June 12 | 6:30 pm  
Father's Day Event  
Classic Car Show  
YCC Front Parking Lot

June 16 | 6:30 pm  
Summer Concert Series  
Sheldon Gordon & The  
Tone Kings  
YCC Front Parking Lot

June 30 | 2:00 pm  
Canada Day Party!  
Friendship Centre



# RESIDENT OF THE MONTH



**Lynn  
Boyne**

Born in Minto and raised in Chipman, Lynn Boyne is the oldest of five siblings, someone who enjoys keeping busy and has a natural talent for helping others. She worked as a Personal Support Worker (PWS) and also ran a well-known roadside stand in Chipman where she sold delicious homemade baked goods like peanut butter balls and a variety of breads—zucchini, banana, cherry, and pumpkin among them!

Lynn moved to Fredericton in the early 1970s and raised two daughters here. Her family has since grown to include five grandchildren and three great-grandchildren. She cherishes her time spent with them and fondly remembers a big family trip with everyone to Florida to visit Disney and watch the Daytona 500.

In her free time, Lynn enjoys baking, knitting - she's currently working on a beautiful Afghan, and painting. A naturally social and outgoing person, she also helps out after meals by resetting the dining room tables.

Lynn is very involved in her own care and appreciates the person-centered approach at York Care Centre. She says what she values most is how the staff know each resident by name and truly take the time to connect on a personal level.

Lynn's advice for future generations:

**"Take care of yourself and to stay on top of medical issues. Make sure you do what you are supposed to if you have high blood sugars."**



**TUESDAY, JUNE 10<sup>TH</sup>**

**FRIENDSHIP CENTRE, 6PM**

**\$10 FOR 10 GAMES**

**\$1,000 JACKPOT!**

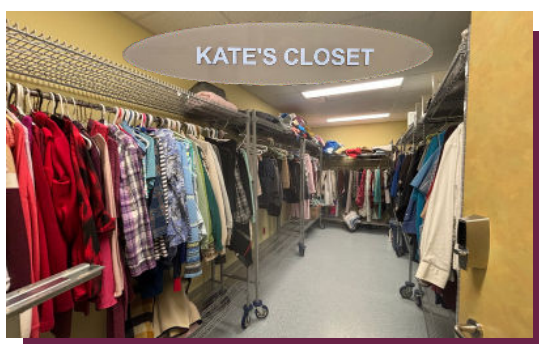
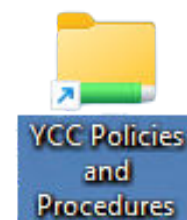
## INTERGENERATIONAL DAY CELEBRATIONS

Although Intergenerational Day is officially recognized on June 1, residents and children from The Preschool Centre celebrated a little early on Thursday, May 29 with a “We All Fit Together” themed event. The amazing YCC activity team created a special day, including a custom story, Better Together – A Corner Piece Club Story, featuring Milo, a preschooler who visits York Care Centre and bonds with residents over puzzles. Participants from the Adult Day Program, residents, and children decorated their own puzzle pieces, celebrating connection across generations in a meaningful and creative way.



## POLICY UPDATES

Staff, please note that as policies are updated, they will be added to the shared folder titled YCC Policies and Procedures, available on all YCC computers. This ensures everyone has easy access to the most current information. Please check the folder regularly to stay informed.



## KATE'S CLOSET

Sorting of the Lost and Found rooms is now complete, except for Kate's Closet. Until a new system for unlabelled resident items is in place, please bring any unidentified items to Kate's Closet. Just a reminder—we are not accepting clothing or personal item donations at this time, except for adaptive clothing in good condition



## EMPLOYEE SCHOLARSHIP PROGRAMS



We are excited to announce the York Care Centre Employee Scholarship Program! There are two scholarships available:

- **Judy Yeaman's Scholarship** - Offered to an employee enrolled in a Nursing Diploma or Degree Program (e.g., Personal Support Worker, Licensed Practical Nurse, or Registered Nurse).
- **General Scholarship** - Offered to a deserving employee enrolled in any faculty on their journey to obtaining a Degree or Diploma this Fall.

Eligible applicants must meet the following criteria and submit a complete application package to be considered for a scholarship:

- Must have a strong academic record
- Must be a permanent employee at YCC who has completed the probationary period
- Must be enrolled in post-secondary education

The deadline to apply is June 15th. Award winners will be announced by July 15th.

Any questions, please contact Jennifer Geneau at [jgeneau@yorkcarecentre.ca](mailto:jgeneau@yorkcarecentre.ca).

Don't miss this opportunity to further your education and advance your career! Good luck to all applicants!

## STAFF RETIREMENT CELEBRATION

A celebratory graphic for a staff retirement celebration. It features a red curtain background with gold balloons and a central sign that reads "STAFF RETIREMENT CELEBRATION". Below the sign, it says "Please join us as we congratulate our co-workers on their retirement!". The date and time are listed as "13 JUNE, 2025" and "2:30 PM | Friendship Centre". The names of the retirees are listed: Brenda Colford (Resident Attendant 2010-2024), Lorraine Woodford (Registered Nurse 1999-2025), and Wendy Banks (Registered Nurse 1995-2025). The phrase "See you there!" is written at the bottom.

## STAFF YEARS OF SERVICE AWARDS



### *\* 25 Years of Service \**

Janet Simmons

Heather McKinnon

### *\* 20 Years of Service \**

Jeremy Pugh

### *15 Years of Service*

Gail Peterson

Rose Chase

Shannon Bolduc

Tania Whitlock

Allyson Hickey

Lisa Morehouse

Carol Estey-Dunlop

Chela Lozano

Suissa Delos Santos

### *10 Years of Service*

Rosalie MacDonald

Tiffany Newman

Alanna Birch

Monica Mrawira

Kimberly Grantham

Meaghan Holyoke

### *5 Years of Service*

Graham Dunphy

Winnie Lore

Marvin Maquinana

Breanna Gourley

Jennifer Beals

Joanne Morgan

Michael Thompson

Tirufat Hunde

Mildred Rosario

Dee Hunter

Angie Chapman

Joseph Ramos

Tracey Dobbeltsteyn



## JUNIOR SUMMER VOLUNTEER PROGRAM

Our Junior Summer Volunteer Program is back this July and August and is open to youth aged 12 to 18!

Spend your summer making a difference at York Care Centre while gaining valuable experience. If you enjoy helping others and being part of a team, we'd love to hear from you! To request an application, contact [communication@yorkcarecentre.ca](mailto:communication@yorkcarecentre.ca).



## YORK CARE CENTRE COOKBOOK: CALL FOR RECIPES

The York Care Centre Cookbook is back! We're collecting recipes and favorite Christmas memories, stories, or traditions from residents, families, volunteers, staff, and friends of York Care Centre. Share your festive favorites by emailing [communications@yorkcarecentre.ca](mailto:communications@yorkcarecentre.ca) or scan the QR code to submit your entry.

York Care Centre Christmas  
Cookbook Submission Form



## GET INSPIRED – SAVE THE DATES!



Mark your calendars for two exciting events coming this August! Join us for:

- Staff Karaoke Night at York County Cider on Saturday, August 9 from 6–10 PM
- End of Summer Family Fun Day at Killarney Lodge on Thursday, August 21 from 2–5 PM.

Stay tuned—more details coming soon!



The 20 Tenets of Culture is a simple and effective development program designed for all employees. It starts with a quick self-assessment, which then delivers a yearlong series of coaching content straight to your inbox. **This is your opportunity to invest in yourself, take charge of your growth, and enhance your success at work and in life.**

Scan the QR code to register:



# President's Corner

By Geri Geldart

## A Month of Celebration

June is truly a month for celebration at York Care Centre, and I am proud of our incredible team and the milestones we're marking together.

This month, we recognize our long service employees and congratulate our retirees. I am continually impressed by the number of staff members reaching these significant milestones. Their dedication speaks volumes about their commitment to York Care Centre and, most importantly, to our residents. I hope you each know how proud we are of your service and the difference you make every single day.

Our annual summer Staff BBQ on June 11th will be another wonderful opportunity to celebrate. Volunteers from both the Board and the Foundation will join us to help with the BBQ and to personally share their gratitude for the exceptional work you do. It's a chance for all of us to come together, enjoy good food, and recognize the great work being done throughout our organization.

We're also celebrating Nursing Home Week across the province, and we have particular reason to be proud. Our Memory Lane Birch Grove project has been recognized with the Resident-Centred Home Award from the NB Nursing Home Association. This is a great recognition of our commitment to creating spaces that truly serve our residents' needs.

This recognition connects beautifully to the exciting work now underway on Tower 2. Early in my time here, during one of our staff meetings, I heard that Tower 2 was in need of a refresh. I am pleased to see that work now beginning, thanks to the creativity and vision of our staff and the generous support of the Foundation.

I'm excited to share that staff can also support this important project through our payroll deduction program. Between May and October, the JT Clark Foundation will match donations up to a total of \$75,000. This means a donation of \$20 immediately becomes \$40 thanks to the Clark Foundation's generosity. We'll be sending out more detailed information in the coming days about how you can participate in this meaningful initiative.

As we celebrate all these achievements and look ahead to exciting projects like Tower 2, I'm reminded of our shared values of accountability and excellence and how often I see the evidence of these shared values in our organization. It is this commitment that makes celebrations like these so meaningful.

Summer is here, and the sun has returned—at least for a few days! Thank you for everything you do to make York Care Centre the exceptional place it is.

Geri

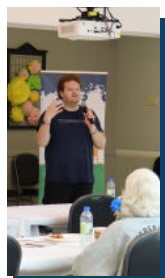




## LUNCH & LEARN

A big thank you to Ben McLaughlin, Dementia Friendly Communities Coordinator with the Alzheimer Society of New Brunswick, for joining us this week to share his insightful presentation on Dementia: Behaviours.

The next Lunch & Learn will be on June 19<sup>th</sup>, with the Canadian Red Cross presenting on Emergency Preparedness—an important topic for everyone.



## JUNE EVENT SCHEDULE

Thursday  
June 19th, 2025

### NHWW Lunch & Learn

Canadian Red Cross  
Emergency Preparedness  
1:00PM to 3:00PM  
YCC Friendship Centre

Thursday  
June 12th, 2025

### York Care Centre's Annual Father's Day Car Show

6:30PM to 7:30PM  
YCC Front Parking Lot

Monday  
June 16th, 2025

### YCC Summer Concert Series

SG and The Tone Kings  
Blues & Classic R&B  
6:30PM to 8:00PM  
YCC Front Parking Lot

Wednesday  
June 25th, 2025

### Sunshine Diner Breakfast Social!

9:30AM to 11:00AM  
\*Limit of 15 - RSVP Required\*  
Sunshine Diner



.....are human rights

### Participants wanted for a research study



Complete a survey for  
older adults [HERE](#)



Complete a survey for  
organizations [HERE](#)



Public Health  
Agency of Canada

Agence de la santé  
publique du Canada

We are looking for participants for a research study on human rights. We are looking for older adults, organizations, industry partners and decision makers in your area.

Participation includes:

- Consent form
- A couple of surveys
- An interview (optional)
- Participate as little or as much as you'd like, and help create a new database of helpful resources

Interested participants are asked to contact CIRA at (506)444-3880 ext. 2562 or email [communications@ycc-cira.ca](mailto:communications@ycc-cira.ca)

## HEALTH & WELLNESS TIP

### What is resilience?

Resilience is the ability to bounce back from, or deal effectively with, adversity, adapt to sudden change, and remain optimistic about life. Being resilient doesn't mean never experiencing stress or pain, it's about our ability to cope with emotional upheavals. Resilience is not something that we are born with – it develops over time as we acquire knowledge, perspective and self-management skills.

### **Factors that contribute to resilience include:**

- Close relationships with family and friends
- A positive view of yourself and confidence in your strengths and abilities
- Surrounding yourself with people who are positive
- The ability to manage strong feelings and impulses
- Good problem-solving and communication skills
- Feeling in control
- Seeking help and resources
- Seeing yourself as resilient (rather than as a victim)
- Coping with stress in healthy ways and avoiding harmful coping strategies, such as substance abuse
- Helping others
- Finding positive meaning in your life despite difficult or traumatic events.



### Homewood Pathfinder - Your EFAP (Employee Family Assistance Program)

[Visit Homeweb.ca or call 1-800-663-1142. Access to confidential 24 hour service.](#)

How to register:

Step One: Visit [www.homeweb.ca](http://www.homeweb.ca) and click 'Sign Up'.

Step Two: Type your company name and click 'Find it!' Select the correct company from the list provided. Health Services Invitation Code: NBA552. Enter information into the required fields, choose an email and password, and click 'Next Step'.

Step Three: Let us know how you are covered by Homewood, (e.g. through your organization or the organization of a family member), and let us know your relationship to the organization (e.g. employee, spouse, dependent, etc.). Submit the additional information required and click 'Sign Up' at the bottom of the page.

### Some health counselling services include:

- |                    |                                   |
|--------------------|-----------------------------------|
| • Grief and Loss   | • Culture & Identity              |
| • Addictions       | • Anxiety                         |
| • Workplace Issues | • Relationship (Couples & Family) |
| • Depression       | • Life Changes                    |