

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

February

Birch Grove

AMANDA 8:30 – 4:30
JESSICA OFF
 10:30 Gentle Exercises
 2:00 Things That I Love Activity
 2:45 Helping Hands: Decorate for Valentine's
 3:30 Animal Trivia

AMANDA 8-4
JESSICA OFF
 10:30 Groundhog Day Activity & Craft
 2:00 Table Talks
 3:00 Animal Therapy with Beth & Strutter
Groundhog Day

AMANDA OFF
JESSICA 11:30 – 7:30
 2:00 Music with The Golden Club Singers (FC)
 3:30 The Alphabet game
 6:00 Virtual Classical Music Concert

AMANDA OFF
JESSICA 12 – 8
 2:00 Bean Bag Toss
 3:30 Good News Stories

AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Pathways
 2:00 Worship Service (FC)
 6:00 Word Games

AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Baking: Shortbread Cookies
 2:00 Name the Love Song
 3:30 Would You Rather
 6:00 Creative Coloring

AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Short Story Read Aloud
 2:00 Men's Program (FC)
 6:00 Trivia: Word Unscramble



AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Brain Games
 2:00 Music with the Homeboys (FC)
 6:00 Valentine's Craft

AMANDA 12:30 – 8:30
JESSICA 8:30 – 4:30
 10:30 Gentle Exercises
 2:00 Let's Reminisce: Valentines Day
 3:30 Finish the Line: Candy
 6:00 Music with Paul Blackmore (BG)

AMANDA 8:30 – 4:30
JESSICA 11:30 – 7:30
 10:30 Cozy Cafe
 2:00 Worship Service (FC)
 3:30 Music with David Neilson (BG)
 6:00 Funny Animal Videos

AMANDA 12 – 8
JESSICA 12 – 8
 2:00 Roman Catholic Mass (Chapel)
 6:30 Sweethearts Event (FC)
RSVP required

AMANDA 8:30 – 4:30
JESSICA 8:30 – 4:30
 10:30 Valentine Baking
 2:00 Valentine's Party (FC)
 VALENTINES DAY

AMANDA OFF
JESSICA 8:30 – 4:30
 2:00 Let's Reminisce: Sweet Treats
 3:30 Friendly Feud

AMANDA OFF
JESSICA 8:30 – 4:30
 2:00 Hymn Sing Along
 3:00 Animal Therapy with Beth & Strutter

AMANDA OFF
JESSICA OFF

 FAMILY DAY

AMANDA 8:30 – 4:30
JESSICA OFF
 10:30 Off Unit Walks
 2:00 Manicures
 3:30 Hymn Sign Along
 Happy Birthday Kaye!

AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Picture This
 2:00 Worship Service (FC)
 3:30 All About Johnny Cash
 6:00 Astronomy Lessons: Our Solar System

AMANDA 12-8
JESSICA 8:30 – 8
 10:30 Amazing Animals
 2:00 Protestant Communion (Chapel)
 3:30 Friendly Visits (1:1)
 6:30 Lion's Club Program (FC)

AMANDA 11:30 – 7:30
JESSICA 8:30 – 4:30
 10:30 Backyard Bird Watching
 6:00 Word Games

AMANDA 8:30 – 4:30
JESSICA OFF
 10:30 Manicures
 2:00 Gentle Exercises
 3:30 BINGO!

AMANDA 8-4
JESSICA OFF
 10:30 Baking: Banana Bread
National Banana Bread Day
 2:00 Table Talks
 3:00 Animal Therapy with Beth & Strutter

AMANDA OFF
JESSICA 8:30 – 4:30
 10:30 Crafters Corner
 2:00 Name that Tune
 3:30 Birds of Paradise

AMANDA OFF
JESSICA 8:30 – 4:30
 10:30 Seated Stretching
 2:00 Music with Greenbrook Farm Band (BG)
 3:30 Opposites Attract Word Game

AMANDA 8:30 – 4:30
JESSICA 11:30 – 7:30
 10:30 Cozy Cafe
 2:00 Worship Service (FC)
 3:30 Trivia
 6:00 Elvis Sing Along

AMANDA 8:30 – 4:30
JESSICA 11:30 – 7:30
 10:15 Preschool Center Visits (FC)
 2:00 Anglican Communion (Chapel)
 3:30 Healthy Eating with Lynne
 6:00 Road Trip: Roadside Attractions

AMANDA 8:30 – 4:30
JESSICA 11:30 – 7:30
 10:30 Friendly Visits 1:1
 2:00 Unlikely Animal Friends
 3:30 Water Color Bird Paintings
 6:00 Crosswords

ACTIVITY COORDINATORS
Amanda Richard
 arichard@yorkcarecentre.ca
Jessica Proctor
 jproctor@yorkcarecentre.ca
 (506) 444-3880 Ext. 2406

ALL ACTIVITIES ARE SUBJECT TO CHANGE. UPDATES WILL BE POSTED ON THE WHITEBOARD ACROSS FROM THE NURSES STATION.