

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



# January

Birch Grove



NEW YEAR'S DAY

<p><b>AMANDA OFF</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Yoga &amp; Meditation 2:00 All about Elvis 3:00 Animal Therapy with Beth &amp; Strutter (BG)</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA OFF</b> <i>Christmas Clean Up</i></p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA OFF</b> 10:30 Cozy Cafe 2:00 Ring Toss 3:30 Pictionary</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Chinese New Year Craft 2:00 Worship Service (FC) 3:30 The Price is Right 6:00 Pathways</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Mad Libs 2:00 Roman Catholic Mass (Chapel) 6:00 Trivia: Name the Place</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 8:30 – 4:30</b> <b>DEER HUNT</b> <i>Friendship Center</i> 10:00 &amp; 2:15</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA OFF</b> 10:30 Gentle Exercise 2:00 Snoezelen Sessions (1:1) <i>Will bring residents to T2</i> 3:30 Trivia: Artic vs. Jungle Animals</p>
<p><b>AMANDA 8-4</b> <b>JESSICA OFF</b> 10:00 Manicures 10:30 Crafter's Corner 2:00 Word Games 3:00 Animal Therapy with Beth &amp; Strutter (BG)</p>	<p><b>AMANDA OFF</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Amazing Animals 2:00 Music with the Homeboys (FC)</p>	<p><b>AMANDA OFF</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Natural Phenomena 2:00 Let's Reminisce: Winter 3:30 Origami</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 12-8</b> 10:30 Dave's Cafe Social 2:00 Worship Service (FC) 3:30 Word Games 6:30 Music with Paul Blackmore (BG)</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Gentle Exercises 2:00 Protestant Communion (Chapel) 3:30 Bean Bag Game 6:00 Crossword puzzles</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Baking: Jólakaka (Icelandic Christmas Cake) 2:00 Fill in the Blanks 3:30 Armchair Travel: Iceland 6:00 Music with Suzie Q</p>	<p><b>AMANDA OFF</b> <b>JESSICA OFF</b></p>
<p><b>AMANDA OFF</b> <b>JESSICA OFF</b></p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Creative Coloring 2:00 High Roller Game 3:30 Hymn Sing Along 6:00 All About Penguins <i>National Penguin Day</i></p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Manicures 2:00 Music with Bob and Friends (FC) 6:00 Snowball toss</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Mindful Crafting 2:00 Worship Service (FC) 3:30 The Alphabet Game 6:00 Pathways</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Gentle Exercises 2:00 Anglican Communion (Chapel) 3:30 Let's Play Music 6:00 Trivia: Famous Faces</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Where in the World 2:00 Music with Out and About (FC) 6:00 Baking: Peanut Butter Cookies <i>National Peanut Butter Day</i></p>	<p><b>AMANDA OFF</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Think Fast Word Game 2:00 Remembering "The Sound of Music" 3:30 Movie Afternoon</p>
<p><b>AMANDA OFF</b> <b>JESSICA 8:30 – 4:30</b> 10:30 Wheel of Fortune 2:00 Name that Tune 3:30 Animal Therapy with Beth &amp; Strutter (BG)</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA OFF</b> 2:00 Astronomy Lessons: Northern Lights 3:30 Fiddler Music Hour 6:00 Crafter's Corner: Northern Lights</p>	<p><b>AMANDA 11:30 – 7:30</b> <b>JESSICA OFF</b> 2:00 Gentle Exercises 3:00 Music Greenbrook Farm Band (BG) 6:00 Pathways</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Dave's Cafe Social 2:00 Worship Service (FC) 3:30 Word Games 6:00 Name that Tune</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:15 Preschool Center Visit (FC) 2:00 Music with David Neilson (BG) 3:30 Gentle Exercise 6:00 Game Night</p>	<p><b>AMANDA 8:30 – 4:30</b> <b>JESSICA 11:30 – 7:30</b> 10:30 Manicures 2:00 Conversation Catch 3:30 Let's Pack Game 6:00 Sing Along</p>	<p><b>Activity Coordinators</b> Amanda Richard arichard@yorkcarecentre.ca Jessica Proctor jproctor@yorkcarecentre.ca  (506) 444-3880 Ext. 2406</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE. UPDATES WILL BE POSTED ON WHITEBOARD ACROSS FROM THE NURSES STATION