

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AMANDA 8-4 10:00 Baking: Tres Leche Cake 2:00 Armchair Travel: Costa Rica & Recipe Taste Test 3:00 Animal Therapy with Beth and Strutter	AMANDA OFF 	AMANDA OFF 	AMANDA 8:30 – 4:30 10:00 Dave's Café Social 10:45 Creative Coloring 2:00 Worship Service (FC) 3:30 What Brings Me Joy Activity	AMANDA 8-4 TAYLOR 8-4 CHRISTMAS COUNTRY STORE (FC) Birch Grove 2:30 – 3:30	AMANDA OFF TAYLOR 8:30 – 4:30 CHRISTMAS COUNTRY STORE (FC) Birch Grove 9:30 – 10:45	AMANDA OFF 
AMANDA OFF 	AMANDA OFF JESSICA TRAINING IN DIXON 2:00 Music with the Homeboys (FC) 	AMANDA OFF JESSICA TRAINING IN DIXON 2:00 RC Mass (Chapel) 	AMANDA OFF JESSICA TRAINING IN DIXON 2:00 Worship Service (FC) 	AMANDA OFF TAYLOR 8:30 – 4:30 JESSICA 8:30 – 4:30 CHRISTMAS PARADE 2:00	AMANDA OFF TAYLOR 8:30 – 4:30 JESSICA 8:30 – 4:30 <i>Christmas Prep in Morning</i> 2:30 Music with Pat Thibodeau (FC) 3:45 Christmas Trivia	AMANDA OFF JESSICA OFF 
AMANDA OFF JESSICA OFF 	AMANDA 8:30 – 7:30 JESSICA 8:30 – 4:30 <i>Christmas Prep in AM/PM</i> 6:00 Animal Therapy with Beth & Strutter	AMANDA 8:30 – 4:30 JESSICA 8:30 – 4:30 <i>Christmas Prep in morning</i> 2:00 Music with Bob and Friends (FC) 3:45 Friendly Visits (1:1) – Meet Jessica	AMANDA 12:30 – 8:30 JESSICA 12:30 – 8:30 2:00 Christmas Worship Service (FC) 3:00 Christmas Tree Tours (Off Unit / 1:1) 6:30 Resident and Family Christmas Party and Music with David Neilson (BG)	AMANDA 12:30 – 8:30 TAYLOR 12-8 JESSICA 12:30 – 8:30 2:00 Protestant Communion (Chapel) 3:30 Music with GBFB(BG) 6:30 Sistema Orchestra Performance (FC)	AMANDA 8:30 – 4:30 TAYLOR 11:30 – 7:30 JESSICA 11:30 – 7:30 10:30 Christmas Craft 2:00 Armchair Travel: Norway 3:30 Sangria Mocktail Social National Sangria Day 6:00 Music Hour: Holiday Jingles	AMANDA 8:30 – 4:30 JESSICA OFF 10:30 Gingerbread House 2:00 Gentle Exercise/ Off Unit Walks 2:45 Word Games 3:30 Yule Log Social WINTER BEGINS
AMANDA 8-4 JESSICA OFF 10:30 Baking: Ginger Molasses Cookies 2:00 Music Trivia: Guess the Christmas Song 3:00 Animal Therapy with Beth & Strutter	AMANDA OFF JESSICA 8:30 – 4:30 10:30 Manicures 2:00 Creative Coloring 3:30 Pathways	AMANDA OFF JESSICA 8:30 – 4:30 10:30 Off Unit Walks (1:1) 2:00 Music with Susie Q 3:30 Word Games	AMANDA 8:30 – 4:30 JESSICA OFF Christmas Visits (All Units)  Merry Christmas	AMANDA OFF TAYLOR 8:30 – 4:30 JESSICA OFF <i>Taylor is on general units</i>  BOXING DAY	AMANDA OFF TAYLOR 8:30 – 4:30 JESSICA 8:30 – 4:30 10:30 Baking: Peanut Butter Kiss Cookies 2:00 Virtual Concert 3:00 Recipe Taste Test <i>Taylor's Last Day</i>	AMANDA OFF JESSICA OFF 
AMANDA OFF JESSICA OFF 	AMANDA 12:30 – 8:30 JESSICA 8:30 – 4:30 10:30 Pathways 2:00 New Year's Resolution Activity 3:00 Animal Therapy with Beth & Strutter 6:30 Music with Paul Blackmore (BG)	AMANDA 8:30 – 4:30 JESSICA 8:30 – 4:30 10:30 Manicures 2:00 NYE party (FC) NEW YEAR'S EVE	Activity Coordinator Amanda Richard (506) 444-3880 arichard@yorkcarecentre.ca Ext. 2406 Taylor Stewart tstewart@yorkcarecentre.ca Jessica Proctor jproctor@yorkcarecentre.ca		BIRCH GROVE December 	

ALL ACTIVITIES ARE SUBJECT TO CHANGE. UPDATES WILL BE POSTED ON THE WHITEBOARD ACROSS FROM THE NURSES STATION.