

Research & Ethics Committee

AGENDA

Tuesday, January 30, 2024

Meeting ID: 821 2629 9276

Passcode: 733629

Item	Description	
1	Call to Order & Introductions	Chair
2	Declarations of Conflict of Interest	Chair
3	Approval of Previous Minutes – November 28, 2023*	Chair
4	Business Arising: <ol style="list-style-type: none"> 1. Annual Workplan 2. Centre of Excellence Designation <ul style="list-style-type: none"> - Further discussion, if any. 	Geri Geri
5	5.1 Research & Ethics Report for Q3 – October 1, 2023 – December 31, 2023* 5.2 Progress on Operational & Strategic Goals	Justine
6	New Business <ol style="list-style-type: none"> 1. CIRA Funding 2. ResearchNB – Discussion with Damon Goodwin 	Geri & Justine Geri & Justine
7	Date of Next Meeting: Tuesday, April 23, 2024 at 4:30pm	

*Denotes attachment

**Minutes of Meeting
Research and Ethics Committee
on November 28, 2023, at 4:00pm**

Present: Tracey Burkhardt (Chair), Donna Curtis Maillet, Brenda Bossé, Marjorie Belzile, Bryanna White-Aubé, Geri Geldart (ex-officio)

Regrets: None

Staff: Justine Estey, Jamie Roy

1. Call to order

Tracey Burkhardt, Chair called the meeting to order at 4:04 pm. Introductions around the table.

2. Declarations of Conflict of Interest

Ms. Burkhardt asked the members present if there was a need to register a conflict of interest. None expressed.

3. Approval of previous minutes – September 5, 2023

Motion:

It was moved by Marjorie Belize and seconded by Brenda Bossé that the minutes of September 5, 2023 be approved as presented.

Motion carried.

4. Business arising

Annual Workplan – Geri Geldart reviewed the updates on the Annual Workplan. The report was included in the meeting package.

5. Research & Ethics Report for Q2 – July 1, 2023 – September 30, 2023

J. Estey presented the report for Q2. The report was included in the meeting package. Highlights included:

5.1 Symposium 2023

- There were 220 people who attended, 30+ joined online. There should be a small profit from this event.
- 40 feedback surveys received, 58% indicated excellent.

5.2 Status of Current Research Projects

- **Promoting Physical Activity with Augmented Reality experience**
 - This project is continuing until the end of March 2024.
- **CanImmunize**
 - Final reporting is due for submission in December 2023.
- **MedReviewRx**
 - The results are excellent. Will be finalized by the end of March 2024.
- **Palliative e-Learning**
 - Final report is due on November 30, 2023.
- **Genie**
 - All data collected and data analysis underway. The board will see a demo of Genie and receive a facility tour at the February 20th Board Meeting.
- **Passive Aware**
 - Project extended until March 31, 2024 to allow more time for recruitment. One new participant in Moncton has been recruited and 2 in Ontario. Recruitment has still been a challenge.
- **A Day in the Life (Spark)**
 - Train-the-trainer sessions were hosted in Moncton, Fredericton and Saint John. Next step is for us to follow up with the sites that completed this empathy training.

5.3 Operational Updates

- 1 new staff has been hired since our last meeting to assist with data analysis and med review.

5.4 Progress on Strategic Goals

- Needs assessment was completed with 30 residents. The results are being reviewed.
- Donna suggested providing contacts for SPAR. Donna will follow up with Justine.
- J Estey presented the CIRA Research Registry. The committee would like to be provided additional detail on the measurable results and the partnership. This document will be available on the board portal quarterly.
- CABHI – mealtime improvement grant has been approved.

6. New Business

6.1 Centre of Excellence – Research, Discussion Paper

- G Geldart and Justine Estey presented information on the concept of a Centre of Excellence, how the concept is used in other organizations and the role that research can play in a Centre of Excellence.

- As the board prepares for the development of a strategic plan for 2025 – 2030, the vision statement – “to be a Centre of Excellence in long term care” will need to be re-examined. The Research and Ethics Committee should consider how CIRA and research factors into the vision to be a Centre of Excellence.
- J Estey – shared CIRA strengths. Innovation is an area of improvement.
- Committee members identified points for further consideration:
 - Our affiliates
 - Sustainability funding
 - Expansion into partnership with LTCs across the province
 - Staying Mission driven

J Estey will provide a copy of the Letter of Incorporation of CIRA to attach with the minutes.

6.2 Meeting Time – Chair

- Discussion on changing the meeting to 4:30pm. Agreed.

7. Date of Next Meeting – Tuesday, January 30, 2024 @ 4:30pm.

On a motion by Tracey Burkhardt, the meeting was adjourned at 5:47 pm.

Tracey Burkhardt, Chair

Jennifer Vos, Recorder



REPORT TO THE RESEARCH & ETHICS COMMITTEE

October 2023 – December 2023

Quarter 3

The purpose of this report is to apprise the Board's Research and Ethics Committee of key activities within each quarter of the fiscal year, including an update on key performance indicators and the strategic plan's research pillar. Accordingly, the Committee receives four reports per year with content from the following senior leaders.

Senior Leaders

Justine Estey, Executive Director of CIRA
Jamie Roy, Vice President, Care Services & Quality

Key Areas of Reporting

Research Services
Ethics

General Commentary

CIRA Open House

- CIRA will be hosting an open house in the Friendship Centre on March 25th, 2024, from 9:30am – 3pm.
- Drop in format.
- Open to all YCC staff, families, residents, community

Status of Current Research Projects

Promoting Physical Activity with Augmented Reality Experiences – Phase 2

- Sustainability funds from MEKTU – ends March 31, 2024.
- REB submission to University of Toronto – approved.
- Commencing implementation in Adult Day Program and Assisted Living.

CanImmunize

- Resolving issue with CanImmunize data (clarity).
- Have learned that CanImmunize is scaling back their operations and no longer offering the “shield” online portal that we used for the study.
- Project final report extended to March 31, 2024 to grant time for discussions with CanImmunize about the ‘sustainability’ commentary required for final reporting.

MedReviewRx

- Awaiting final results.
- Manuscript in progress.
- Abstract submitted to the Canadian Geriatrics Society for an oral presentation.

Palliative e-Learning

- Final report extended to March 31, 2024.

Genie

- Staff working on implementation of Genie units at the control sites.
- Exploring options for final results: now selecting participants on the 3 best months of use, and shifting to pre vs post, as opposed to three time points.
- Abstract submitted to Ontario Long-Term Care Association Conference for an oral presentation and workshop.

Passive Aware (HSPP)

- Project extended until March 31, 2024, to allow more time for recruitment.
- Still facing recruitment challenges.
- Case study manuscript submitted December 31, 2023.

Passive Aware (Spark)

- Project extended to September 30th, 2024.
- Focusing on recruitment in Ontario and New Brunswick.

A Day in the Life (Spark)

- Project extended to September 30th, 2024.
- Completing follow-up surveys with sites directors and train-the-trainer participants.




Operational Updates

- None.

Pillar 5: Research – Discovery, Innovation, Knowledge Transfer

YCC wants to build a self-sustaining research centre that will focus on improving care, delivering services through a person-centered approach, and to implement evidence based best practices to the betterment of YCC clients.

Key Results
<p>A. Improved quality of life for residents, clients, families and staff.</p> <p>B. Situated at the forefront of health and aging research and recognized as a reputable research organization.</p> <p>C. Increase level of quality research projects, partnerships and collaborations.</p> <p>D. Increase amounts of monetary support from granting agencies, governments, communities and foundations.</p>

Strategic Goal	Operational Goal	Measure of Performance	Progress	Q1	Q2	Q3	Q4
To increase involvement in research activities that focus on promoting and improving the social, emotional and physical well-being of seniors.	Conduct a facility-wide needs assessment to determine the direction and focus of future research studies and programming.	<ul style="list-style-type: none"> Complete needs assessment by September 30, 2023 Establish plan for regular needs “check-ins” 	<p>COMPLETED IN Q3</p> <p>31 residents interviewed; meetings underway to discuss plan for a quality improvement initiative based on results.</p>			✓	
							
	To ensure research activity is reflective of the needs, interests and issues of the YCC community, establish an advisory committee comprised of staff, families, and residents.	<ul style="list-style-type: none"> Terms of reference developed by September 2023. Committee established by December 2023 	<p>Target moved to Q4</p> <p>Target moved to Q4</p>				
							
To foster relationships with researchers, stakeholders and members of the community.	Hold the 13 th Annual Aging Care and Research Symposium with an increase in attendance from the previous year.	<ul style="list-style-type: none"> By November 2023 	<p>COMPLETE</p> <p>Successful Symposium held in November. Plans underway for 2024.</p>			✓	
To promote and support the translation and transfer of research outcomes, new knowledge and innovation for the betterment of the aging population.	Plan a YCC open house for staff, residents, and family members to learn about the findings from our research projects.	<ul style="list-style-type: none"> By December 2023 	<p>Target moved to Q4.</p> <p>Event scheduled for March 25, 2024.</p>				