

Research & Ethics Committee

AGENDA

Tuesday, November 28 at 4:00 PM

Meeting ID: 870 4079 8040

Passcode: 849997

Item	Description	
1	Call to Order & Introductions	Chair
2	Declarations of Conflict of Interest	Chair
3	Approval of Previous Minutes – September 5, 2023*	Chair
4	Business Arising: 1. Annual Workplan	Geri
5	Research & Ethics Report for Q2 – July 1, 2023 – September 30, 2023* 1. General Q2 Commentary 2. Status of Current Research Projects 3. Operational Updates 4. Progress on Strategic Goals	Justine Henry
6	New Business 1. Centre of Excellence – Research, Discussion Paper 2. Meeting Time	Geri, Justine Chair
7	Date of Next Meeting: Tuesday, January 30, 2024	

*Denotes attachment



**Minutes of Meeting
Research and Ethics Committee
On September 5, 2023, at 4:00pm**

Present: Marjorie Belzile (Chair), Donna Curtis Maillet, Brenda Bossé (virtual), Tracey Burkhardt (virtual), Geri Geldart (ex-officio)

Regrets: Lyne St-Pierre-Ellis,

Staff: Justine Henry, Jamie Roy

1. Call to order

Marjorie Belzile, Chair called the meeting to order at approximately 4:00 pm.

2. Declarations of Conflict of Interest

Ms. Belzile asked the members present if there was a need to register a conflict of interest. None expressed.

3. Approval of previous minutes – April 18, 2023

Motion:

It was moved by Brenda Bossé and seconded by Donna Curtis-Maillet that the minutes of April 18, 2023 be approved as presented.

Motion carried.

4. Business arising

None

5. Research & Ethics Report for Q1 – April 1 – June 30, 2023

J. Henry presented the report for Q1. The report was included in the meeting package. Highlights included:

Symposium 2023

- The event will take place on November 15th at the Fredericton Inn. Planning is going very well. We have \$15,000 secured in sponsorships so far..

Future Planning

- Ms. Henry advised the committee that she is planning to develop a Research Project Register/Repository. This will be a living document which includes information

regarding each research project which involves CIRA. As each project progresses, the register will be updated to show status. The register will be presented at each meeting of the Research and Ethics Committee and is a response to the request from the Board for information regarding project outcomes. Committee members were asked to consider what information they would like to see in the register.

Status of Current Research Projects

- **Virtual Reality to Promote Rehabilitative Exercises in Seniors**
 - Project completed and end-of-project report submitted to funding agency on June 30, 2023
- **Promoting Physical Activity with Augmented Reality Experiences**
 - Project completed and end of project report submitted to funding agency on June 30, 2023.
- **CanImmunize**
 - Finalizing data analysis and waiting for transfer of usage data from CanImmunize. Final project report due September 30, 2023.
- **MedReviewRx**
 - Data analysis underway by the Maritime Spor Support Unit (MSSU) in Moncton.
- **Palliative e-Learning**
 - Extension for final project report approved for November 30, 2023.
- **Genie**
 - All data collected and data analysis underway.
- **Passive Aware**
 - Project extended until March 31, 2024 to allow more time for recruitment. Still facing recruitment challenges.
- **A Day in the Life (Spark)**
 - 7 sites onboarded. Initial train-the-trainer sessions will be held in Moncton, Fredericton and Saint John

Operational Updates

- 3 new staff have been hired over the summer. One full time and one part time research coordinators for the Passive Aware project, and a part time generalist research coordinator
- The STU internship was extended until December 31, with partial funding from St. Thomas.

Progress on Strategic Goals – An update was provided and currently all strategic goals are progressing well. The timelines have been adjusted for two objectives, will all wrapping up by end of year.

6. New Business

6.1 Annual Workplan

The committee discussed the draft annual workplan for the Research and Ethics Committee. The committee discussed the possibility of inviting Jane Breckenridge from MEKTU (Monitoring, Evaluation and Knowledge Transfer Unit) and Damon Goodwin from NB Research. Each would be asked to provide an overview of their organization and role, as well as to offer their advice on how YCC and CIRA can advance their research role and activity.

Members of the committee requested a presentation / demonstration of Genie.

Dr. Tim Christie was suggested as a possible presenter on ethics.

7. Date of Next meeting – Tuesday, November 28, 2023

On a motion by Tracey Burkhardt, the meeting was adjourned at 5:10 pm.

Marjorie Belzile, Chair

Geri Geldart, President & CEO, Recorder



Research and Ethics Committee - Annual Work Plan 2023/24

Introduction

The purpose of this document is to provide committee members with background and context information to support their plans for the upcoming board year. Each standing committee of the board is asked to establish a proposed workplan for the upcoming board year. A workplan will ensure that staff are prepared to bring appropriate information to the committee to support its work.

Section 1 provides excerpts from the committee terms of reference, specifically the purpose and scope statements. These terms of reference were reviewed and approved by the board in the 2022/23 year.

Section 2 provides excerpts from the Board's Strategic Plan which are aligned with the mandate of the Research and Ethics Committee. Work of the committee should support the organization in achieving the objectives of the strategic plan.

Section 3 provides excerpts from Management's operating plan which are aligned with the mandate of the Research and Ethics Committee. The CEO and the executive team are responsible for the developing and implementing the operating plan in support of the overall strategic plan. The Committee can expect progress updates from the leadership team.

Section 4 is a summary of the accomplishments of the Research and Ethics Committee in the previous year, as well as any issues which were considered / addressed.

Section 5 is a list of issues which might be of interest / concern to the Committee when planning for the upcoming year.

Section 6 is a list of committee members.

Section 7 is a proposed workplan for the committee. This is a draft and should be discussed at the September meeting. The committee is asked to present a final work plan to the board of directors at the October meeting.

Section 1 - Excerpts from the Terms of Reference

The purpose of the Committee is to make recommendations to the Board to ensure that ethical standards and research activities reflect the Vision, Mission and Values of the organization.

The Committee is focused on providing an academic/research environment that promotes professional development and stimulates research activity combined with and applied to a full suite of long-term care services. The work of the committee includes:

1. Ensuring appropriate policies are in place that respect the ethical standards of the organization as well as applicable privacy legislation.
2. Reviews the Code of Ethics on an annual basis and makes recommendations to the Board if changes are required.
3. Reviewing policies proposed by the President & CEO related to ethical and research matters and recommending those that it supports for approval by the Board of Directors.
4. Encouraging innovation, health promotion and knowledge transfer through the following:
 - Increase involvement in research activities that focus on promotion and improving the social, emotional, and physical well-being of seniors.
 - Fostering relationships with researchers, stakeholders, and members of the community
 - Promoting and supporting the translation and transfer of research outcomes, new knowledge and innovation to the betterment of the aging population.
5. Reviewing and approving proposed research initiatives; monitor related President and CEO actions in support and, when necessary, recommending action for the Board's consideration.
6. Monitoring adherence to the Code of Ethics and initial goals and objectives based on staff responsibilities of all research projects and, when necessary, recommend remedial action for the Board's consideration.
7. Ensuring that research activity remains focused on aging and/or long-term care.

Section 2 – Excerpts from the Strategic Plan which align with the Research and Ethics Committee mandate.

The Research Pillar

- Discovery, Innovation & Knowledge Transfer
- YCC aims to build a self-sustaining research centre that will focus on improving care, delivering services through a person-centred approach, and implementing evidence-based practices for the betterment of YCC clients. YCC will continue to promote and share knowledge on policies and procedures.

Goals

1. To increase involvement in research activities that focus on promoting and improving seniors' social, emotional and physical well-being.
2. To foster relationships with researchers, stakeholders, and community members.
3. To promote and support the translation and transfer of research outcomes, new knowledge and innovation for the betterment of the aging population.

Section 3 – Excerpts from Management’s Operating Plan which align with the Research & Ethics Committee mandate.

The Research Pillar

- 1a. Conduct a facility-wide needs assessment to determine the direction and focus of future research studies and programming.
- 1b. To ensure research activity is reflective of the needs, interests and issues of the YCC community, establish an advisory committee comprised of staff, families and residents.
2. Hold the 13th Annual Aging Care and Research Symposium with an increase in attendance from the previous year.
3. Plan a YCC open house for staff, residents and family members to learn about the findings from our research projects.

Section 4 - Issues & Accomplishments from 2022/23

- Terms of Reference updated.
- Complete review and updating of the Code of Ethics and Professional Conduct
- Quarterly reporting from Executive Director of CIRA
- Research Symposium re-established.

Section 5 - Issues to Consider for Upcoming Year

- Generally strong results on committee evaluation. The only element which scored less than 90% related to the committee meeting being a good use of time and following the agenda. One member commented that it would be good if there were more members who have a direct research background.
- YCC Board commented they have not seen any results from CIRA research projects. We should consider our project wrap-up reporting process to ensure the R&E Committee and YCC Board receive a summary of findings.
- YCC Strategic Planning Committee discussed the concept of “Centre of Excellence” and the role that research should play in YCC’s aim to become a Centre of Excellence. The R&E Committee should explore this further – perhaps look at examples such as the Schlegel approach.
- YCC Board re-emphasized that CIRA research must remain aligned with objective of providing benefit for YCC residents.
- Should we consider an education session for this committee on health research in New Brunswick – perhaps have someone from ResearchNB meet with the committee?

Section 6 - Committee Membership

- _____, Chair
- Brenda Bosse
- Tracey Burkhardt
- Donna Curtis Maillet
- Marjorie Belzile, ex officio
- Geri Geldart, ex officio
- Justine Henry, Jamie Roy, staff

Section 7 - Proposed Workplan

Meeting	Date	Reports and Documents
Q1	Tuesday, Sept 5 th @ 4PM	<ul style="list-style-type: none">• Review of Annual Workplan• Executive Director's report• Consideration of potential topics for committee education.• Review of new research proposals
Q2	Tuesday, Nov 28, 2023 @ 4PM	<ul style="list-style-type: none">• Executive Director's report• Centre of Excellence and the role of research• Review of new research proposals
Q3	Tuesday, January 30, 2024 @ 4PM	<ul style="list-style-type: none">• Executive Director's report• Education session - ??ResearchNB• Review of new research proposals
Q4	Tuesday, April 23, 2024 @ 4PM	<ul style="list-style-type: none">• Executive Director's report• Review of new research proposals• Annual review of Code of Ethics and Professional Conduct

Suggestions following our Q1 Discussion

- Guest speakers – Jane Breckenridge, Damon Goodwin
- Genie – equipment demonstration
- Ethics speaker – Tim Christie or Bill Cook
- The Research process – day to day work of the research office.



REPORT TO THE RESEARCH & ETHICS COMMITTEE

July 2023 – September 2023

Quarter 2

The purpose of this report is to apprise the Board's Research and Ethics Committee of key activities within each quarter of the fiscal year, including an update on key performance indicators and the strategic plan's research pillar. Accordingly, the Committee receives four reports per year with content from the following senior leaders.

Senior Leaders

Justine Estey, Executive Director of CIRA
Jamie Roy, Vice President, Care Services & Quality

Key Areas of Reporting

Research Services
Ethics

General Commentary

Symposium Update

Update is supposed to be during Q3 but want to share the success now.

- Eventbrite sales: \$10,120.27, 144 tickets; 2022 was \$13,915.35 248 tickets.
- Attendees were from Department of Social Development and Long-term Care Facilities (70), Horizon Health (20), NB-IRDT and MEKTU (11), Shannex (16), STU/UNB (15), and a mix of other sponsors/ exhibitors.
- Department of Social Development paid for all 70 of their attendees.
- Increased admission fee by \$5 to 115+ tax, virtual \$50, groups of three or more \$100+ tax.
- 27 total virtual attendees.
- Delegate passes for speakers, exhibitors, and special guests (80).
- Sponsors: \$26,971.08 funds raised; 2022: \$20,604.
- Rough final numbers:
 - Expenses \$42,833
 - Income \$47,121
 - Profit = \$ 4,288
- 40 Feedback surveys:
 - 58% excellent
 - 42% good
 - Most people thought there was a good variety of speakers, and exhibitor booths.
 - 58% of people would attend an evening gala.
 - 80% prefer 1-day format.
 - Fall is preferred time.
 - “Great job, very well done!” “Professional and great networking!” “A lot of information to take in, in one day. Truly enjoyed everything!”.

Research Register

- Open for discussion

Status of Current Research Projects

Promoting Physical Activity with Augmented Reality Experiences – Phase 2

- Sustainability funds from MEKTU – ends March 31, 2024.
- REB submission to University of Toronto – awaiting approval.
- Implementation in Adult Day Program and assisted living.
- Measures of physical activity, device use, technology acceptance.

CanImmunize

- Data sent by CanImmunize – late.
- Project final report extension received – now due December 30th, 2023.
- Results to be shared during Q3 meeting.

MedReviewRx

- Data analysis underway by the Maritime Spor Support Unit (MSSU) in Moncton.
- Early results indicate very positive findings and that residents whose prescriber used the app were more likely to be tapered off or deprescribed a potentially inappropriate medication.

Palliative e-Learning

- Final report being prepared, due November 30th, 2023.
- Results to be shared during Q3 meeting.

Genie

- All data collected and data analysis underway.

Passive Aware (HSPP)

- Project extended until March 31, 2024, to allow more time for recruitment.
- Still facing recruitment challenges.

Passive Aware (Spark)

- Project shared from Cognicity, a large network of older adults; several hits received and currently following up with potential participants.

A Day in the Life (Spark)

- 7 sites on boarded
- Completed initial train-the-trainer session in Moncton, Fredericton, and Saint John.
- High rates of participation and interest.
- Have completed one follow-up training session – York Care Centre.

Operational Updates

- Hired one new staff.
 - Laura Schneeberger, a master's in psychology graduate. Currently assisting with data analysis, grant writing, and manuscript preparation.

Strategic and Operational Goals 2023 – 2024

Strategic Goal	Operational Goal	Measure of Performance	Progress
<p>1. To increase involvement in research activities that focus on promoting and improving the social, emotional, and physical well-being of seniors.</p>	<p>a. Conduct a facility wide needs assessment to determine the direction and focus of future research studies and programming.</p> <p>b. To ensure research activity is reflective of the needs, interests, and issues of the YCC community, establish an advisory committee comprised of staff, families, and residents.</p>	<p>a. Complete needs assessment by September 30th, 2023, and establish plan for regular check ins by December 2023.</p> <p>b. Terms of reference developed by December 2023 and committee established by March 2024.</p>	<p>31 residents interviewed; meetings underway to discuss plan for a quality improvement initiative based on the results.</p>
<p>2. To foster relationships with researchers, stakeholders, and members of the community.</p>	<p>a. Hold the 13th Annual Aging Care and Research Symposium with an increase in attendance from the previous year.</p>	<ul style="list-style-type: none"> • Held by November 2023. 	<p>Completed</p>
<p>3. To promote and support the translation and transfer of research outcomes, new knowledge, and innovation for the betterment of the aging population.</p>	<p>a. Plan a YCC open house for staff, residents, and family members to learn more about the findings from our research projects.</p>	<ul style="list-style-type: none"> • March 2024. 	



BRIEFING NOTE

Exploring the Concept of a “Centre of Excellence”

AGENDA ITEM:

Centre of Excellence Concept

ACTION REQUIRED:

Approval

Discussion

Information

MOTION: No motion required.

1. INTRODUCTION

Our vision statement is “York Care Centre will be a Centre of Excellence in Long Term Care”. The board has asked two committees (the Research and Ethics Committee, and the Governance and Audit Committee) to consider if YCC is moving forward in its vision to be a Centre of Excellence. We lack a common understanding of the meaning of “Centre of Excellence”, the range of possibilities that being a Centre of Excellence brings to YCC, as well as a view of our status as a Centre of Excellence.

As we move forward, we need to consider what opportunity exists for York Care Centre to establish itself as a Centre of Excellence, with research activity as a primary feature of the Centre of Excellence. This paper attempts to describe the concept of a Centre of Excellence and explore some of the opportunities that the Board of Directors should explore.

2. CENTRE OF EXCELLENCE: CONCEPT & USE

2.1 General

The concept of "Centre of Excellence" has been used to refer to a team or group within an organization that has significant expertise and knowledge in a particular area or field. This group is often responsible for developing and sharing best practices, providing training and

support to other departments, and driving innovation and continuous improvement across the organization. A Centre of Excellence typically consists of a core team of experts with a deep understanding of the relevant concepts (technology, practices, processes) in their area of focus. They may be responsible for conducting research and development, evaluating new technologies, and providing guidance to other departments.

The goal of a Centre of Excellence can be to promote excellence and drive improvement by establishing a dedicated team focused on the specific area of interest.

2.2 Beyond the Organization

While the term "Centre of Excellence" generally refers to a team within an organization there may be other interpretations depending on the context. For example,

- In academia, a Centre of Excellence may refer to a research Centre or institute that is focused on advancing knowledge in a particular field, such as a Centre of Excellence for Neuroscience or a Centre of Excellence for Environmental Science.
- In healthcare, a Centre of Excellence may refer to a hospital or healthcare facility that is known for its expertise and success in treating a particular condition or disease, such as a Centre of Excellence for Cancer or a Centre of Excellence for Heart Disease.
- In sports, a Centre of Excellence may refer to a training facility or program that is dedicated to developing elite athletes in a particular sport, such as a Centre of Excellence for Soccer or a Centre of Excellence for Gymnastics.

In each of these contexts, the term is used to identify *a group that is dedicated to achieving excellence and driving innovation in a particular area or field.*

2.3 Not Always a Physical Location

A Centre of Excellence (COE) does not necessarily have to be a physical location. While some COEs may be housed in a dedicated facility, others may exist solely as a virtual team. The focus of a COE is on expertise, knowledge sharing, and innovation, rather than on a physical space. For example, a COE focused on a specific area of healthcare may consist of a team of experts located in different parts of the country or world, who collaborate remotely using technology such as video conferencing, shared databases, and online collaboration tools. This virtual team may provide support, guidance, and training to individuals at different locations, and may develop best practices and protocols that can be shared across a network.

2.4 The Organization as the Centre of Excellence

While a "Centre of Excellence" (COE) is typically associated with a specialized team within an organization, it is possible for an entire organization to be labeled a "Centre of Excellence" if it is *widely recognized for its expertise, innovation, and excellence in a particular area or field*. In some cases, an organization may establish a COE as part of its effort to maintain its status as a leader in a particular area or field. This COE may be responsible for driving innovation and excellence across the organization, promoting best practices, and providing training and support to other departments.

2.5 Centre of Excellence in Long Term Care- Research

The goal of establishing a Centre of Excellence within long term care should be to promote excellence in care delivery, improve outcomes for residents, and provide support and resources for staff members, families, and caregivers.

In the realm of aging research, Centres of Excellence play a crucial role in addressing the multifaceted challenges associated with aging populations. They amalgamate diverse disciplines such as gerontology, medicine, psychology, sociology, kinesiology and technology to comprehend the complexities of aging and develop comprehensive solutions.

These Centres often offer training, disseminate information, and collaborate with global partners, contributing significantly to scientific advancements and public health policies.

Within the context of **long-term care**, examples of Centres of Excellence (COEs) include:

- *The National Institute on Aging (NIA)*: the NIA resides within the National Institutes of Health in the US. The NIA doesn't operate as a single Centre but functions as a hub for funding and supporting multiple Centres of Excellence across the country. These Centres focus on various aspects of aging research, ranging from neurodegenerative diseases like Alzheimer's to social and behavioral aspects affecting the elderly.
- *The Institute for Aging Research at Hebrew SeniorLife*: Based in Boston, this organization stands out as a dedicated Centre focusing on musculoskeletal and neurological issues in the aging population. Extending beyond medical treatment, their research also addresses environmental, social and lifestyle factors influencing aging outcomes.

In Canada, several notable Centres of Excellence focus on aging research.

- *Baycrest Centre*: Located in Toronto, Ontario, Baycrest serves as a world leader in cognitive neuroscience, aging and brain health, encompassing research, education and healthcare delivery. Baycrest is home to the Rotman Research Institute, a pioneer in cognitive neuroscience and brain functioning in aging individuals.
- *Centre on Aging at University of Manitoba*: With a focus on multidisciplinary research, policy development, and community engagement, the Centre on Aging aims to address societal challenges related to aging, fostering improved well-being and quality of life for older adults.
- *The Centre on Aging at Mount Saint Vincent University* – has a similar focus on issues relating to aging and the elderly population.
- *NB Institute for Research, Data and Training in Aging (NB-IRDTA)* – they advance research and decision-making by providing access to secure, privacy-protected data and other resources. They are unique because they provide researchers with access to pseudonymized personal level administrative data in a secure, and controlled environment.
- *Institute for Life Course and Aging*: Located at the University of Toronto, the institute conducts extensive research on the social, biological, and psychological aspects of aging. They also offer multidisciplinary training programs for future researchers in this domain.
- *Concordia University Research Chair in Aging and Public Policy*: Based in Montreal, the CURCAPP focuses on public policy and its impact on aging populations.

2.6 Centre of Excellence in Long Term Care – Beyond Research

While many Centres of Excellence focus on research, there are organizations that prioritize other aspects beyond research, such as clinical care, education, advocacy, and community outreach.

- *Centre for Aging + Brain Health Innovation* – part of Baycrest, CABHI is dedicated to accelerating innovations in the aging and brain health sector. It focused on supporting and accelerating the implementation of innovation products, services and practices that directly impact the lives of older adults and individuals affected by brain health issues. It collaborates with a wide range of stakeholders, including researchers, healthcare professionals, businesses, and caregivers, to facilitate the development and implementation of innovative solutions for aging and brain health. CABHI's specific focus on innovation implementation and scaling, rather than being solely research-oriented, sets it apart as a unique entity.
- *The Reitman Centre at Mount Sinai in Toronto*, Ontario: the Centre is renowned for its provision of clinical care and support services for seniors, and their families, who are dealing with various mental health and cognitive challenges, including dementia and depression.
- *AGE-WELL Network of Centres of Excellence* – primarily focuses on developing and implementing innovative technologies and services to support aging individuals and caregivers, with a focus on policy change.
- *The Canadian Centre for Activity and Aging (CCAA)*, located at Western University, provides certifications, workshops, and programs to train fitness and health professional in catering to the needs of older adults, promoting active and healthy aging through physical activity.
- *The Schlegel-UW Research Institute for Aging*: a significant collaboration between the Schlegel Villages, a long-term care and retirement home provider in Ontario and the University of Waterloo. This partnership is committed to advancing academic research but also concentrates on translating research outcomes into tangible improvements in the care and well-being of seniors. Research areas include dementia care, therapeutic recreation, social connectedness, innovative care models and quality improvement in long-term care. The Centre stands out for its commitment to applying research findings in practical and impactful ways within the community of aging individuals, aiming to influence policy and practice.
- *Centre of Excellence in Frailty-Informed Care*: The Centre of Excellence honours Perley Health's longstanding commitment to research, learning and continuous improvement, and to delivering ever-greater value to the healthcare system and the

community. The Centre leads and participates in innovative initiatives that advance quality of care, along with relevant research and knowledge translation.

- The Ontario Centres for Learning, Research, and Innovation in Long Term Care – *is a team of experts who work remotely to continue supporting long term care homes across the province. The “Centre” is funding by the Ministry of Health and is “hosted” by Baycrest, Bruyere and Schlegel UW Research Institute for Aging.*
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- West Park (Toronto) advertises their Long-Term Ventilation Centre of Excellence *which, in addition to providing direct care to patients who rely on long-term ventilatory support, also provide health care provider training, sharing of best practices and supporting patients through care transitions.*
-
- Government of *New Brunswick* – As part of the FutureNB Initiative (experiential learning focus) the Department of Education and Early Childhood Development has launched several “Centres of excellence” to give students the opportunity to interact with experts and gain career experience in entrepreneurship, health care and social work. The health care Centre of excellence includes Shannex and the NBANH as a long-term care partners.

3. THE CENTRE FOR INNOVATION AND RESEARCH IN AGING – CIRA

After several years of engaging with partners, on a variety of research projects, the YCC board created CIRA as a separate organization, primarily to protect the organization’s interests if commercialization of any research outcomes was possible. Although some of CIRA’s projects have involved older adults living in the community, the mandate of CIRA is to conduct research which benefits the residents of York Care Centre.

CIRA has strengths in applied research which encompasses the majority of it’s work. The studies have primarily focused on improving the quality of life of older adults living in long-term care, assisted living, or independent living. Research studies have also included in-house quality improvement initiatives, staff education and training, and support for informal caregivers and family members. CIRA has not engaged in activities related to advocacy, or public policy. One area we could improve on would be ‘innovation’. To date only one of our projects has resulted in a unique innovation in which CIRA owns the intellectual property: MedReviewRx. Other current innovation projects include PassiveAware and the Discovery + Adopt funding from the Centre for Aging + Brain Health Innovation (CABHI).

4. THE QUESTION

The Board will soon focus on developing a strategic plan for the 2025-2030 timeframe. The Board will consider if its vision remains to be a Centre of Excellence. Part of their consideration will be to examine the benefits associated with being a Centre of Excellence and to determine the focus of this Centre of Excellence.

The Research Committee is asked to consider if our current research activities fall within the scope of a Centre of Excellence and what future direction we should consider.

Points for Consideration

- a) CIRA's strengths, weaknesses, and possibilities for growth
 - General brainstorming discussion.
- b) Scope of research
 - What could be CIRA's focus, specialty, scope?
 - Quality improvement
 - Quality of care (clinical practices, education, training), quality of life (health outcomes, well-being, social isolation)
- c) Benefits to York Care Centre residents
 - Is the term 'residents' used in the broader context (i.e., assisted, independent living)
 - What about the Adult Day Program?
 - Are we limiting our scope and capability to receive funding if we don't engage in community research?
 - Considerations of participant exhaustion and overuse.
- d) Alliance with universities / principal investigators / partnerships
 - For some funding, we are limited due to our lack of affiliation with an academic institution.
 - Reliance on academia for REB approvals or pay externally.
 - Possibility for alliances with STU Gerontology, student internships.
 - UNB/UdeM.
 - NBANH, Social Development.
- e) Sustainability of funding
 - Currently based on funding opportunities and hiring contractual employees.
 - What are some possible long-term options?
 - National Centres of Excellence funding no-longer offered by the Government of Canada.

f) Role in long-term care

- Partnerships with LTCs across the province.
- CIRA hubs province wide.
- Support research, innovation, education, best practices, resource support.

PREPARED FOR:

The Research and Ethics Committee of the Board.

PREPARED BY:

Geri Geldart and Justine Estey.

November 22, 2023