

Research & Ethics Committee

AGENDA

April 18, 2023 at 4:00pm

[Zoom Link](#)

Meeting ID: 811 0369 6720

Item	Description	
1	Call to Order & Introductions	Keith McAlpine
2	Declarations of Conflict of Interest	Keith McAlpine
3	Approval of Previous Minutes – January 17, 2023*	Keith McAlpine
4	Business Arising: 1. Code of Ethics	Geri Geldart
5	Research & Ethics Report for Q4 – January 1, 2023 – March 31, 2023* 1. General Q4 Commentary 2. Status of Current Research Projects 3. Operational Updates 4. Progress on Strategic Goals	Justine Henry
6	New Business	Keith McAlpine
7	Date of Next Meeting: TBD	

*Denotes attachment



**Minutes of Meeting
Research and Ethics Committee
On January 17, 2023, at 4:00pm**

Present: Keith McAlpine (Chair), Gary Beattie, Marjorie Belzile, Tracey Burkhardt, Lyne St-Pierre-Ellis, Geri Geldart (ex-officio)

Regrets: Donna Curtis Maillet, Brenda Bossé due to technical challenge.

Staff: Justine Henry, Jamie Roy

1. Call to order

Keith McAlpine, Chair called the meeting to order at approximately 4:10 pm.

2. Declarations of Conflict of Interest

Mr. McAlpine asked the members present if there was a need to register a conflict of interest. None expressed.

3. Approval of previous minutes – November 8, 2022

Motion:

It was moved by L. St-Pierre-Ellis, seconded by Gary Beattie that the minutes of November 8, 2022 be approved as presented.

Motion carried.

4. Business arising

4.1 Research and Ethics – Terms of Reference Update

The committee's terms of reference as approved at the November meeting of the Board of Directors were shared with the committee.

4.2 Code of Ethics & Professional Conduct

A revised Code of Ethics & Professional Conduct document was included in the meeting package. At the last committee meeting it was recommended that Human Resources be asked to review the wording regarding intimate relationships. Their feedback was incorporated in the document. Discussion was held regarding the approach taken by management when addressing potential violations of the code.

Motion:

It was moved by Marjorie Belzile, seconded by Gary Beattie that the Code of Ethics and Professional Conduct be approved as presented.

Motion carried.

4.3 CANHealth Network update

G. Geldart reported that the agreement has been signed. No further discussions have occurred since the agreement was signed but she expects to connect with the Network over the next couple of months.

5. Research & Ethics Report for Q3 – October 1 – December 31, 2022

J. Henry presented the report for Q3. The report was included in the meeting package. Highlights included:

Symposium Update

- The event was a great success with over 280 attendees. Participant feedback is being analysed to help plan for a future event.
- The Lieutenant Governor attended and presented two awards. The first to Dr. Pamela Jarrett for her work as a geriatrician, a teacher, a researcher and for her lifetime support for seniors and long term care. The second award was presented to Urban Rural Rides, a non-profit organization providing transportation services.

Status of Current Research Projects

- Four applications have been made for SPARK funding. Expect decision in February.
- Virtual Reality to Promote Rehabilitative Exercises for Seniors – data collection complete and analysis is underway. There were participants from seven different long term care facilities. We did not hit our enrolment target. Expect this project to wrap-up by end of March.
- Promoting Physical Activity with Augmented Reality Experiences –The intervention period is now complete. Focus now is on data compilation, analysis and reporting. We expect this project to wrap-up by the end of March.
- CanImmunize – Project extension was approved by funders. Recruitment remains a challenge. The geographic scope for participants has been expanded.
- MedReviewRx – all sites have completed the intervention data collection process. The data is being analysed by the SPOR unit. Hoping to see results by the end of March. This project may require a one-month extension.
- Palliative e-learning – All twelve modules have been deployed to staff. Post-test surveys have been completed. Data analysis underway.
- Genie – Recruitment and pre-intervention data collection is finished. This technology appears to be very popular with residents. We will soon begin mid-intervention data collection.
- Passive Aware – No significant change in status. Engaging with other researchers to seek alternate sources of funding.

Progress on Strategic Goals – update was provided and currently are all on track, with the exception of the CIRA research portal which is slightly behind pending website design.

6. New Business

6.1 Using Behavioral Science to Improve Antibiotic Stewardship in Canadian Long Term Care Facilities.

This study is funded by the Public Health Agency of Canada. The focus of the study is the use of antibiotics, and the potentially inappropriate use, for the treatment of urinary tract infections in long term care. Initial data collection is underway. An intervention period (health professional education) will be followed by post-intervention data collection.

7. Date of Next meeting – April 18, 2023

On a motion by G. Beattie the meeting was adjourned at 4:35 pm.

Keith McAlpine, Chair

Geri Geldart, CEO



REPORT TO THE RESEARCH & ETHICS COMMITTEE

January 1, 2023 – March 31, 2023

Quarter 4

The purpose of this report is to apprise the Board's Research and Ethics Committee of key activities within each quarter of the fiscal year, including an update on key performance indicators and the strategic plan's research pillar. Accordingly, the Committee receives four reports per year with content from the following senior leaders.

Senior Leaders

Justine Henry, Executive Director of CIRA
Jamie Roy, Vice President, Care Services & Quality

Key Areas of Reporting

Research Services
Ethics

General Commentary

Symposium 2023

- Booked Fredericton Inn for November 15th, 2023.
- Secured \$6500 in sponsorships to date.
- Keynote speakers booked and in progress (Dr. Wayne Albert and Dr. Michelle Cardoso, Seniors' Advocate).

Funding

- Received two \$50,000 Spark grants.
 - PassiveAware.
 - A Day in the Life – Dementia Empathy Role Playing in partnership with Person Centred Universe.
- REB underway for both projects (UNB and external via Veritas IRB).

Status of Current Research Projects

Virtual Reality to Promote Rehabilitative Exercises in Seniors

- Data collection complete.
- 31 facility-based participants.
- 16 community-based participants.
- Data analysis underway.
- Final project report due on June 30th, 2023.

Promoting Physical Activity with Augmented Reality Experiences

- Total participants – 10 (YCC) + 21 (Faubourg du Mascaret, Moncton) – 31
- Final project report due on June 30th, 2023.
- Strategies to support access to and sustained use of the 2RaceWithMe technology at YCC will be presented to SLT on April 27th, 2023.

CanImmunize

- Enrolled 1 additional intervention participant; 3 additional mini surveys completed.
- Recruitment remains a challenge, expanded to ~45 mins from Fredericton.

MedReviewRx

- Data analysis underway by the Maritime Spor Support Unit (MSSU) in Moncton.
- Results anticipated by end of May.
- Project extension approve until March 31, 2024.

Palliative e-Learning

- Data analysis underway.
- Final project report due June 30th, 2023.

Genie

- Mid-intervention data being collected.
- Currently analyzing pre-intervention data.

Passive Aware

- Final project report due June 30th, 2023.
- Submitted manuscript to peer-reviewed case study journal “Aging and Mental Health”.

Operational Updates

- Cody Davenport accepted a full-time position elsewhere.
- Exploring the possibility of onboarding a new staff member.
- St. Thomas University has offered CIRA a full-time Research Assistant intern (fully paid) due to our successful internship last year. Amber Rae starts on April 24th, 2023, for 35 hours a week for 14 weeks.

Progress on Strategic Goals

Strategic Goal	Operational Goal	Metric	Progress
1. To increase involvement in research activities that focus on promoting and improving the social, emotional, and physical well-being of seniors.	a. Apply for three funding opportunities to advance research initiatives and support the on-going employment of research staff. (Henry)	<ul style="list-style-type: none">• Three funding applications submitted before March 31, 2023	Primary applicant on the Age-Well at Home – Scaling up for Seniors. Funding to support 2 full-time staff (only one application per organization permitted).

			<p>Partner applicant on a CFN grant with Dr. Sandra Magalhaes.</p> <p>Partner applicant on another Age-Well at Home – Scaling up for Seniors with Dr. Mark Chignell.</p> <p>SPARK applications – 4 submitted; 2 successful</p> <p>COMPLETED</p>
	<p>b. Develop a “CIRA Research Portal” to accompany the York Care Centre Family Portal to increase visibility, accessibility, and participation in research initiatives. (Henry)</p>	<ul style="list-style-type: none"> • CIRA Research Portal fully implemented by October 31, 2022 	<p>CIRA page placeholder created. CIRA has access to the WordPress account. Design and content being developed.</p> <p>Postponed</p>
<p>2. To foster relationships with researchers, stakeholders, and members of the community.</p>	<p>a. Host a one-day research symposium open to stakeholders, researchers, and community members. (Henry)</p>	<ul style="list-style-type: none"> • Research symposium successfully held by November 30, 2022 	<p>COMPLETE</p>
<p>3. To promote and support the translation and transfer of research outcomes, new</p>	<p>a. Develop a subscriber newsletter to promote research initiatives and support the dissemination of research findings to</p>	<ul style="list-style-type: none"> • Newsletter 1st edition drafted by July 2022; first distribution on September 1, 	<p>Completed. Second edition December 1st, 2022.</p> <p>COMPLETE</p>

<p>knowledge and innovation for the betterment of the aging population.</p>	<p>stakeholders, collaborators, and community members. (Henry)</p>	<p>2022.</p>	
	<p>b. Explore research-based models for the sustainability of the organization and funding sources for the commercialization of current research technologies (Henry)</p>		<p>On going discussion with CANHealth Network. Awaiting new contract for review.</p> <p>COMPLETE</p>