

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MARCH 2023

## Tower 3

<p>10:30 Tea &amp; Chat (Tower 3 DR)</p> 	<p>5 ALLYSON IS ON T3 AM CAROL IS 9:00-4:30</p> <p>10:30 Smoothie Social (DR)</p> <p>2:00 Toss &amp; Talk (Lounge)</p>	<p>6 ALLYSON IS ON T3 PM</p> <p>2:00 Hot Chocolate Social (DR)</p> <p>7:00 Doucet Family (T1 DR)</p>	<p>7 CAROL IS 10:00-4:30</p> <p>10:30 Beauty Time (LIB)</p> <p>2:00 Short Story Corner (LIB)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>8 JENN IS ON T3</p> <p>10:30 Table Bowling (DR)</p> <p>2:00 Afternoon Social (DR)</p>	<p>9</p> <p>11:00 Morning Exercise w. Rehab (Lounge)</p> <p>2:30 Drum Fit (FC)</p>	<p>10</p> <p>10:30 Coffee &amp; Chat (Dixon AK)</p> <p>2:00 Painting (Tower 1 DR)</p> <p>10:30 Morning Social (Tower 1 AK)</p> <p>2:00 Movie Matinee (Dixon DR)</p>
<p>10:30 Trivia (Tower 3 LIB)</p> 	<p>12 ALLYSON IS ON T3 AM CAROL IS 9:00-4:30</p> <p>10:30 Painting (LIB)</p> <p>2:00 Tea &amp; Trivia (DR)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>13 ALLYSON IS ON T3</p> <p>10:30 Morning Coffee &amp; Chat (DR)</p> <p>2:00 Shamrock Shakes (DR)</p>	<p>14 CAROL IS 10:00-4:30</p> <p>10:30 Beauty Time (LIB)</p> <p>2:00 Worship Service (FC)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>15 JENN IS ON T3</p> <p>10:15 Creative Corner (LIB)</p> <p>10:30 Barker's Point School Visit (FC)</p> <p>2:00 Armchair Travel: Ireland w. Special Treats (DR)</p>	<p>16</p> <p>10:30 Zumba (FC)</p> <p>11:00 Morning Exercise w. Rehab (Lounge)</p> <p>2:00 St. Patrick's Day Party (FC)</p>	<p>17</p> <p>10:30 Morning Social (Tower 3 DR)</p> <p>2:00 Hot Chocolate Social (Tower 1 DR)</p>
<p>10:30 iPad Games (Dixon-Hemlock Lounge)</p> 	<p>19 CAROL IS 9:00-4:30</p> <p>10:30 Morning Social (LIB)</p> <p>2:00 Making Happiness Collages (LIB)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>20</p>  <p>2:00 Music with Bob &amp; Friends (FC)</p>	<p>21 CAROL IS 10:00-4:30</p> <p>10:30 Beauty Time (LIB)</p> <p>2:00 Creative Coloring (LIB)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>22 JENN IS ON T3 PM</p> <p>2:00 Virtual Concert: Celine Dion (DR)</p> <p>3:30 Friendly Visits (1:1)</p> <p>6:30 TV Series: I Love Lucy (DR)</p>	<p>23 ALLYSON IS ON T3</p> <p>10:30 Tai Chi (FC)</p> <p>11:00 Morning Exercise w. Rehab (Lounge)</p> <p>2:00 Lemonade Social (T3 DR)</p>	<p>24</p> <p>10:30 Coffee &amp; Chat (Dixon AK)</p> <p>2:30 Brain Games (Tower 1 Lounge)</p>
<p>10:30 Creative Coloring (Tower 3 DR)</p> 	<p>26 ALLYSON IS ON T3 AM CAROL IS 9:00-4:30</p> <p>10:30 Baking "Dump Cake" (DR)</p> <p>2:00 Music Therapy (Lounge)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>27 ALLYSON IS ON T3 PM</p> <p>3:00 Friendly Visits (1:1)</p> <p>6:45 Paul Blackmore (T3 DR)</p>	<p>28 CAROL IS 10:00-4:30</p> <p>10:30 Barker's Point School Visit (FC)</p> <p>2:00 Name That Tune (LIB)</p> <p>3:30 Friendly Visits w. Carol (1:1)</p>	<p>29 JENN IS ON T3</p> <p>2:00 "Who Am I?" Guessing Game (DR)</p> <p>3:30 Friendly Visits (1:1)</p>	<p>30 ALLYSON IS ON T3</p> <p>11:00 Morning Exercise w. Rehab (Lounge)</p> <p>2:00 Bingo (FC)</p>	<p>31</p> <p>Activity Coordinators</p> <p>Allyson Hickey (506) 444-3880 ext. 2112 <a href="mailto:ahickey@yorkcarecentre.ca">ahickey@yorkcarecentre.ca</a></p> <p>Jenn Beals (506) 444-3880 ext. 3312 <a href="mailto:jbeals@yorkcarecentre.ca">jbeals@yorkcarecentre.ca</a></p>