

Sunday

Monday

Tuesday

Wednesday

















Thursday

Friday

Saturday

March 2023

Tower 1

			<p>2:00 Worship Service (FC)</p> 	<p>1 10:30 Beauty Time (T1 Lounge)</p> <p>2:30 Creative Coloring (T1 DR)</p> <p>6:30 YCF Bingo (FC)</p>	<p>2 10:30 Tea & Trivia (T1 DR)</p> <p>2:00 Northern Lights Line Dancers (FC)</p>	<p>3 10:30 Coffee & Chat (Dixon AK)</p> <p>2:00 Painting (Tower 1 DR)</p>
<p>5 10:30 Tea & Chat (Tower 3 DR)</p> 	<p>Allyson is on T3</p> <p>11:00 Morning Exercises with Rehab (T1 Lounge)</p>  <p>Purim Begins</p>	<p>6 Allyson is in at 12:30 Allyson is on T3 PM</p>  <p>7:00 Doucet Family (T1 DR)</p>	<p>7 Allyson is in at 12:30</p> <p>2:00 Virtual Concert (T1 DR)</p> <p>7:00 Homeboys (DDR)</p>	<p>8 Allyson is in at 12:30</p> <p>2:00 Hot Chocolate Social (T1 DR)</p> 	<p>9 Allyson is Off</p>  <p>2:30 Drum Fit (FC)</p>	<p>10 10:30 Morning Social (Tower 1 AK)</p> <p>2:00 Movie Matinee (Dixon DR)</p>
<p>12 10:30 Trivia (T3 LIB)</p>  <p>Daylight Saving Time Begins</p>	<p>12 Allyson is on T3 AM</p> <p>11:00 Morning Exercises with Rehab (T1 Lounge)</p> <p>2:00 Music Therapy (T1 Lounge)</p>	<p>13 Allyson is on T3</p> 	<p>14 10:30 Beauty Time (T1 Lounge)</p> <p>2:00 Worship Service (FC)</p>	<p>15 10:15 Barker's Point School Visit (FC)</p> <p>2:00 Shamrock Shakes (T1 DR)</p>	<p>16 10:30 Zumba (FC)</p> <p>2:00 St. Patrick's Day Party (FC)</p> <p>St. Patrick's Day</p>	<p>17 10:30 Morning Social (T3 DR)</p> <p>2:00 Hot Chocolate Social (T1 DR)</p>
<p>19 10:30 iPad Games (Dixon-Hemlock Lounge)</p> 	<p>19 Allyson is Off</p> <p>11:00 Morning Exercises with Rehab (T1 Lounge)</p>  <p>Spring Begins</p>	<p>20 Allyson is Off</p> <p>2:00 Music with Bob & Friends (FC)</p> 	<p>21 10:30 Beauty Time (T1 DR)</p> <p>2:00 Crafter's Corner -Spring Craft (T1 DR)</p> <p>Ramadan Begins</p>	<p>22 10:30 Bingo (T1 DR)</p> <p>2:30 Friendly Visits (1:1)</p>	<p>23 Allyson is on T3 PM</p> <p>10:30 Tai Chi (FC)</p> 	<p>24 10:30 Coffee & Chat (Dixon AK)</p> <p>2:30 Brain Games (Tower 1 Lounge)</p>
<p>26 10:30 Creative Coloring (Tower 3 DR)</p> 	<p>26 Allyson is Off</p> <p>11:00 Morning Exercises with Rehab (T1 Lounge)</p> <p>2:00 Parachute Fun (T1 DR)</p>	<p>27 Allyson is in at 12:30 Allyson is on T3 PM</p>  <p>6:45 Paul Blackmore (T3 DR)</p>	<p>28 10:15 Barker's Point School Visit (FC)</p> <p>2:00 Smoothie Social (T1 DR)</p>	<p>29 10:30 Beauty Time (T1 DR)</p> <p>2:00 Baking (T1 AK)</p> 	<p>30 Allyson is on T3</p> 	<p>Activity Coordinator</p> <p>Allyson Hickey 444-3880 ext. 2112 ahickey@yorkcarecentre.ca</p>

Programs are subject to change. Please check the daily sign board for the most up-to-date programming. Thank you!