

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Megan 12-8 1 2:00 Worship Service (FC) 3:00 Snowball Toss 6:30 Sing Along with Suzy Q.	Megan 12-8 2 Rebecca 8:30-4:30 10:30 Friendly Visits 2:00 Creative Colouring 6:00 Pet Visits w. Andie & Mozzie! 7:00 Pathways	Megan 12-8 3 2:00 Northern Lights Line Dancers (FC) 3:30 1:1 Activities 6:30 TV Series & Snacks!	Megan 8:30-4:30 4 10:30 Aromatherapy 2:00 Stories with Jane
Megan 8:30-4:30 5 10:30 Yoga 2:30 Hot Cocoa Social 3:30 Conversation Cards	Megan OFF 6 	Megan OFF 7 Rebecca 8:30-4:30 10:30 Ladies Beauty Time 2:30 St. Patrick's Trivia! 3:00 Walk & Talks	Megan 8:30-4:30 8 10:30 Morning Exercises 11:00 Ball Toss 2:30 Afternoon Social	Megan 8:30-4:30 9 Rebecca 8:30-4:30 10:30 Short Story Corner 2:00 Music with David Nielson! 3:30 Friendly Visits	Megan 8:30-4:30 10 10:00 Coffee & Chats 11:00 Off-Unit Walks 2:30 Drum Fit (FC)	Megan OFF 11 Rebecca 8:30-4:30 10:30 Virtual Hymn Sing 2:30 Phrase Game 3:00 Friendly Visits
Megan OFF 12 Rebecca 8:30-4:30 10:30 Crosswords 2:30 Pictionary 3:00 Virtual Concert	Megan 8:30-4:30 13 10:30 Fruit Smoothie Social 2:00 Balloon Badminton 3:00 Music Therapy	Megan 8:30-4:30 14 Rebecca 8:30-4:30 10:30 Baking! 2:00 Bowling 3:00 Recipe Taste Test!	Megan 12-8 15 2:00 Worship Service (FC) 3:00 Helping Hands: Folding 6:45 Music with Paul Blackmore!	Megan 12-8 16 Rebecca 8:30-4:30 10:30 Fun Facts 2:00 Shamrock Shakes! 6:00 Pet Visits with Andie & Mozzie!	Megan 8:30-4:30 17 10:30 Zumba (FC) *Residents must be accompanied by staff/family* 2:00 Saint Patrick's Day Party! (FC)	Megan OFF 18 
Megan OFF 19 	Megan VAC 20 	Megan 12-8 21 Rebecca 8:30-4:30 10:30 Ladies Beauty Time 2:00 Music with Bob & Friends! (FC) 3:30 Pathways	Megan 8:30-4:30 22 10:30 Morning Exercises 2:30 Name That Tune 3:30 1:1 Puzzles	Megan 8:30-4:30 23 Rebecca 8:30-4:30 10:30 Painting 2:30 Wine & Cheese Social 3:30 'Jeopardy' Game	Megan 8:30-4:30 24 10:30 Tai chi (FC) 2:30 Word Games 3:30 Walk & Talks	Megan 8:30-4:30 25 10:30 Crosswords 2:30 Ring Toss 3:30 1:1 Colouring
Megan 8:30-4:30 26 10:30 Aromatherapy 2:30 Ice Cream 'Sunday' Social 3:00 What's in the News?	Megan OFF 27 	Megan OFF 28 Rebecca 8:30-4:30 10:30 Ball Toss 2:30 Arm Chair Travel: Welcome to Dublin! 3:30 1:1 Visits	Megan 12-8 29 2:30 Balloon Badminton 6:30 Reminiscence: "Remember When" Game 7:00 Pathways	Megan 12-8 30 Rebecca 8:30-4:30 10:30 Making Bird Feeders 2:30 Baking! 6:30 Happy Hour	Megan 12-8 31 2:30 Flower Arranging 3:30 Off-Unit Walks 6:30 TV Series & Snacks!	<u>Activity Coordinators:</u> Megan Clouthier MClouthier@yorkcarecentre.ca Rebecca Pippy RPippy@yorkcarecentre.ca 444-3880, EXT. 2406