

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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December 2022

Birch Grove



Megan OFF 	4 Megan 12-8 2:30 Balloon Badminton 3:00 Music Therapy 6:00 Christmas Lights Drive *By Invite*	5 Megan 12-8 2:00 Moments of Stillness: Tai chi (FC) 3:30 Walk & Talks 6:30 Reminiscence	6 Megan 8:30-4:30 10:30 Aromatherapy 2:30 Virtual Worship Service 3:30 Helping Hands: Folding	7 Megan 8:30-4:30 ALL UNITS: Christmas Country Store (FC) 1:15-2:15 	8 Megan 8:30-4:30 ALL UNITS: Christmas Country Store (FC) 9:30-10:30 	9 Megan 8:30-4:30 10:30 What's in the News? 11:15 Off-Unit Walks 2:30 Stories w. Jane!
Megan 8:30-4:30 10:00 Ladies Beauty Time 11:00 Pet Visits w. Jenna & Lucy! 2:30 Candy Cane Hot Chocolate	11 Megan OFF 	12 Megan OFF 	13 Megan 12:30-8:30 2:30 Ring Toss 6:30 Resident & Family Christmas Party!	14 Megan 12-8 2:30 Word Games 6:00 Pet Visits w. Andie & Mozzie! 7:00 TV Series!	15 Megan 12-8 10:30 Zumba (FC) 2:30 Arm Chair Travel: Welcome to 'North Pole' Alaska! 6:00 Movie Night	16 Megan OFF
Megan OFF 	18 Megan 12-8 2:30 Balloon Badminton 3:00 Music Therapy 6:30 Apple Cider & Carols	19 Megan 12-8 2:00 Music w. Bob & Friends (FC) 3:30 Helping Hands: Gift Wrapping! 6:30 Virtual Concert	20 Megan 12-8 2:00 Music w. "The Band from Minto" (FC) 3:15 1:1 Activities 6:00 Visits with Santa & Mrs. Claus!	21 Megan 8:30-4:30 10:00 Ladies Beauty Time 11:00 Walk & Talks 2:00 Music w. David Neilson!	22 Megan OFF 	23 Megan OFF <i>Christmas Eve</i>
Megan OFF 	25 Megan OFF <i>Boxing Day</i> 	26 Megan 8:30-4:30 10:30 Cozy Café: Coffee, Tea & Music! 2:30 Name That Tune 3:30 Off-Unit Walks	27 Megan 12-8 2:30 Tim Hortons Social 3:30 Walk & Talks 6:30 Pathways	28 Megan 12-8 2:00 Baking 3:30 Virtual Worship Service 6:30 "Who Am I?" Trivia Game 7:00 Recipe Taste Test!	29 Megan 12-8 2:00 New Year's Eve Party (FC) 6:00 Movie Night	30 Megan 8:30-4:30 <i>New Year's Eve</i> 10:30 Creative Colouring 2:30 New Year's Eve Social!