



Research & Ethics Committee (Virtual)

<https://us02web.zoom.us/j/84332150164?pwd=MEh6VHR3L0UvQ0t3Q1NoVkFmelB6Zz09>

Meeting ID: 843 3215 0164 Passcode: 882891

AGENDA

October 5, 2021

Item	Description	
1	Call to Order & Introductions	Keith McAlpine
2	Approval of Previous Minutes – Q4 Review April 13, 2021*	Keith McAlpine
3	Declarations of Conflict of Interest	Keith McAlpine
4	Business Arising	
5	Research & Ethics Report for Q2 (July 1, 2021 – September 30, 2021) 1. General Q2 Commentary 2. New Research Proposals, HSPP Round 3 3. Status of Current Research Projects 4. Operational Updates	Justine Henry
6	Discussion	
7	New Business	
8.	Date of Next Meeting: Tuesday January 18, 2022 at 2pm (Q3 Review)	

**Minutes of meeting Research & Ethics Committee
At York Care Centre, 100 Sunset Drive, Fredericton NB
On April 13, 2021 at 2:00pm (Virtual Meeting)**

Present: Jim Wolstenholme (Chair), Lyne St. Pierre-Ellis, Nancy DeCourville, Marjorie Belzile,
Keith McAlpine, Gary Beattie, Donna Curtis Maillet
Staff: Tony Weeks, Lori McDonald, Justine Henry

1) Call to Order

Mr. Wolstenholme called the meeting to order.

2) Approval of Minutes – January 12, 2021

It was moved by Mr. Beattie and seconded by Ms. St. Pierre-Ellis that the minutes be approved as presented by the Research and Ethics Committee. Motion carried

3) Declarations of Conflict of Interest

Mr. Wolstenholme asked members if there was a need to register a conflict of interested. No conflicts identified. The meeting was held virtually due to COVID-19.

4) Business Arising

5) Code of Ethics

Mr. Wolstenholme questioned whether the Code of Ethics should include everyone who interacts with residents or provides a service to the organization and Mr. Weeks clarified the Code of Ethics need to be more reflective of all three companies.

6) Research & Ethics Terms of Reference

Mr. Beattie confirmed the Committees Terms of Reference were approved at the previous Board of Directors meeting and will be posted on the Directors Portal.

7) Research and Ethics Report for Q4 January 1, 2021 – March 31, 2021 – Lori McDonald

Ms. McDonald presented the Q4 Report highlighting:

- The Research team are working well and also in addition to their research projects, the team is working on submitting an abstract at the Gerontology Conference in the Fall.
- Work continues on the White Paper and Essential Caregivers Survey. This is a strong paper that showcases how our families are essential to LTC. Final edits should be complete at end of the week. There has been international interest. Mr. Weeks confirmed the final report will be shared with Members.
- The call for the third round of the HSPP funding was announced. Partners have been reaching out to work with us. Deadline is May 11.
- Virtual Reality – first HSPP Project. Unfortunately, the project could not proceed due to COVID, so the project is restarting. Working to find participants at YCC before reaching out to other participants at Long-Term Care Homes.

- Promoting Physical Activity with Augmented Reality Experiences: Hoping to start recruiting participants by the end of May 2021. Equipment has been shipped to CIRA.
- CanImmunize: Testing is starting and working with volunteers to look at the device.
- MedReviewRX – Working on another round. Submitting a manuscript to Trails Journal. The article talks about the dangers of polypharmacy and the benefits of Apps like this and prescribing opportunities. Ms. McDonald is to share the article with Members.
- Palliative e-learning: This project is focusing on palliative care. This has been designed with caregivers in mind as a tool for best practice in palliative care. Modules to be published on iTacit. This project is only for YCC. This will be a great opportunity for the Centre of Excellence.
- Operational Updates: Justine Henry has a new title as Executive Director of Research.
- Progress on strategic goals – Reducing Resident Depressive Mood did hit 100% in Q4. The project has been modified due to COVID.
- While the strategic goal was to submit two funding applications, CIRA did manage to submit a third application for a \$25,000 funding opportunity from the New Horizons for Healthy Senior provincial grant, for the GENIE platform. Unfortunately, CIRA was not successful in obtaining funding. However, there is still value to the GENIE opportunity especially during COVID-19. An application for funding from the HSPP grant will integrate GENIE into it.

8) Discussion

Mr. Wolstenholme extended his gratitude to Ms. McDonald for setting an extremely high bar in the role that she has been responsible for and also for providing comprehensive support to the Committee and wished her well in finding new opportunities.

Mr. Wolstenholme thanked Members for their due diligence and excellent attendance for this term.

It was moved by Mr. Beattie that the meeting adjourn.

Jim Wolstenholme, Chair

Caroline Marygold, Minutes



REPORT TO THE RESEARCH & ETHICS COMMITTEE

July 1, 2021 – September 30, 2021

Quarter 2

The purpose of this report is to apprise the Board's Research and Ethics Committee of key activities within each quarter of the fiscal year, including an update on key performance indicators and the strategic plan's research pillar. Accordingly, the Committee receives four reports per year with content from the following senior leaders.

Senior Leader

Justine Henry, Executive Director of CIRA
Jamie Roy, Vice President, Care Services & Quality

Key Areas of Reporting

Research Services
Ethics

1. General Commentary

CAG: CIRA has four accepted abstracts to the Canadian Association on Gerontology conference, held virtually on October 21st – 23rd. Each research coordinator will be responsible for creating the poster content and presenting it during their respective session.

NBHRF Booth: CIRA has obtained an exhibitor booth (for free!) at the New Brunswick Health Research Foundation conference in Moncton on November 18th and 19th. The booth will feature CIRA swag and demos from select projects.

Age-Well Aging Tech Innovation Week: AgeWell has created a video feature on the use of the 2RaceWithMe device (Promoting Physical Activity HSPP Project). This video highlights the use of the device at YCC, among other sites, and features a YCC resident. This video will debut at the Aging Tech Innovation week in early October.

Symposium 2022: the planning committee has been formed and had their first planning meeting on September 23rd, 2021. Co-chairs consist of Justine Henry (CIRA), Kelsey Rusk (CIRA), Caroline Marygold (YCC), and Stephanie Seymour (YCC). Other members are from both CIRA and YCC and will provide on-going support. Site visit to previous venue, the Journey Wesleyan Church, was done on September 20th.

Genie Donation: Marc Kanik, Genie creator and owner of Ambient Activity Technologies, has donated a Genie telecommunications device that is housed inside a custom-made phone booth unit. CIRA, in close work with Rose Chase of Birch Grove, will work together to assess the use of Genie on the unit.

2. New Research Proposals, HSPP Round 3 - Results pending

The following proposals have been submitted for consideration as part of the Healthy Seniors Pilot Project, Round 3. As of September 24th, 2021, no funding announcement has been made. Once funding notice is received, the successful projects will be presented in greater detail.

- **Adopt-a-Grandparent-Elder:** assessment and evaluation of the AGE program in New Brunswick
- **New Brunswick Seniors Advocate:** creation of an older-persons rights indicators framework (OPRIF) to promote community education and policy change.
- **GENIE:** deployment and assessment of GENIE in rural settings across New Brunswick.
- **PITCH:** implementation and assessment of an adaptable proactive health monitoring platform across three levels of care in New Brunswick.
- **Dementia in the community:** evaluation of a non-intrusive passive monitoring system and behaviour mapping program for older adults living with dementia in New Brunswick, and the impact on the mental health of their caregivers.
- **Novalte:** evaluating the use of assistive technology on time to care for nursing home staff in New Brunswick.

- **Essential Caregivers:** conduct a New Brunswick wide needs and feasibility assessment of an Essential Caregiver Training program.

3. Status of Current Research Projects

- **Virtual Reality to Promote Rehabilitative Exercises in Seniors**
 - Participants at York Care Centre (8 confirmed), Nashwaak Villa, Windsor Court (1 confirmed) and Carleton Manor.
 - Engaged with ExtraMural NB for community recruitment.
- **Promoting Physical Activity with Augmented Reality Experiences**
 - 11 confirmed participants at York Care Centre, actively using the device up to 5 times a week.
 - Device also being used at Shannex Faubourg de Mascaret in Moncton, New Brunswick.
- **CanImmunize**
 - Research coordinator off work for 2-3 weeks.
 - Baseline data collection to commence in mid-October.
- **MedReviewRx**
 - 44 residents surveyed on attitudes towards deprescribing at York Care Centre.
 - Low uptake in family member mail-out survey, will do phone calls in November.
 - Data sharing agreements signed with 3/5 sites, awaiting in depth review by Shannex sites.
 - All sites commence intervention in November.
- **Palliative e-Learning**
 - 7 semi-structured interviews with staff complete.
 - 54 staff baseline survey complete.
 - 18 family surveys complete (10 pending).

4. Operational Updates

- CIRA has recently on-boarded 6 new volunteers to assist with various research projects.

5. Progress on Strategic Goals

Research Goals	Q1	Q2	Q3	Q4
<p>Launch an LTC Centre of Excellence to support sector-wide skills advancement, process improvement, and leadership development.</p> <p>Note: A proposal has been submitted to government for consideration of overall LTC reform in support of this goal.</p> <p>Goal date: December 31, 2021</p>	15%			
<p>Organize and deliver an interRAI process review presentation to LTCF's across New Brunswick.</p> <p>Goal date: September 30, 2021</p>	100%			
<p>Deliver a research open house to introduce staff and the community to research at CIRA.</p> <p>Goal date: March 31, 2022 (plan), event in April 2022</p>	10%			

On September 28th, 2021, Justine Henry completed the interRAI process review presentation to an audience of 50+ participants, comprised of long-term care staff, stakeholders, and researchers. The presentation consisted of a 30-minute explanation of the study, followed by a 30-minute discussion period. Any long-term care facility interested in receiving the iTacit Education Materials was asked to reach out to Justine.