

100 Sunset Drive  
Fredericton, NB E3A 1A3  
www.yorkcarecentre.ca  
Tele: (506)444-3880  
Fax: (506)444-3544



## PERSONAL INFORMATION

Full Name : \_\_\_\_\_ Date of Birth : \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

Address : \_\_\_\_\_

Postal Code : \_\_\_\_\_ Email : \_\_\_\_\_

Phone : \_\_\_\_\_ Secondary Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Emergency Contact #: \_\_\_\_\_

## Availability & Background

Please provide your availability to volunteer i.e.: 9am to 12pm, 1:00pm to 5:00pm etc.

\_\_\_\_\_

Volunteer or Work Experience:

\_\_\_\_\_

Education & Training:

\_\_\_\_\_

## Volunteer Opportunities:

Please check which opportunities you may be interested in.

- Friendly visitor
- Baking & cooking
- Reading & social programs
- Physical activity/exercises
- Indoor & outdoor gardening
- Volunteer porter for afternoon & evening music
- Beauty time - nail care
- Bingo
- Seasonal decorating
- Memory care unit volunteer
- Seasonal events  
(Mother's Day/Father's Day, Christmas, New Year's Eve, St. Patrick's Day etc.)
- Outing volunteer
- Worship service choir member
- Creative communities  
(Photography, painting, crafts, rhythmic dance etc.)
- Pet therapy/pet visits/pet care
- Bus & van driver
- Covid-19 screening volunteer

\_\_\_\_\_  
Volunteer Signature

\_\_\_\_\_  
Date

### More Information :

Please contact:

Stephanie Seymour

Manager Therapeutic Recreation & Volunteer Services

(506) 444-3880 Ext. 3111

sseymour@yorkcarecentre.ca

**THANK YOU FOR APPLYING**