

MAY 2021 -BIRCH GROVE-

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Megan 9:30-5:30 **1**
2:30 Making May Day Baskets
3:30 Friendly Visits
 May Day

Megan 9:30-5:30 **2**
2:30 Ball Toss
3:30 Walk & Talks


Jenn 12-8/Megan OFF **3**
10:00 Crosswords
2:30 Afternoon Social
6:30 Sing- along w. Suzy Q

Jenn 12-8/Megan OFF **4**
10:00 Friendly Visits
2:30 Baking: Peanut Butter Cookies
6:30 Pictionary

Jenn 8:30-4:30/
Megan 12-8 **5**
10:30 Ladies' Beauty Time
2:30 Cinco de Mayo Party: Margaritas & Pinatas
6:30 Scattegories
Cinco de Mayo

Jenn 8:30-4:30/
Megan 12-8 **6**
2:30 Target Shooting
3:30 1:1 Activities
6:30 Arm Chair Travel: Welcome to New York!

Jenn 8:30-4:30/
Megan 12-8 **7**
10:00 Helping Hands: Baby Care
11:00 Creative Colouring
2:30 Mother's Day Social
6:30 Movie Night

Jenn 9:30-5:30 **8**

2:30 Afternoon Social

Jenn 9:30-5:30 **9**
Happy Mother's Day!

2:30 Courtyard Visits
3:00 Trivia
Mother's Day

Megan 12-8/ Jenn OFF **10**
10:30 Ball Toss
2:00 Virtual Worship Service
2:45 Hymn Sing
6:30 Craft Corner

Megan 12-8/ Jenn OFF **11**
10:00 Tea & Talks
2:30 Men's Club
3:30 1:1 Activities
6:30 Story Corner

Megan 8:30-4:30/
Jenn 12-8 **12**
10:00 Ladies' Beauty Time
11:00 Exercises w. Rehab
2:30 Virtual Concert: David Neilson
6:30 Trivia

Megan 8:30-4:30/
Jenn 12-8 **13**
2:00 Artist's Corner
3:30 Walk & Talks
6:30 Top 5 Answers

Megan 8:30-4:30/
Jenn 12-8 **14**
10:30 Coffee & Chat
2:30 Bowling
6:30 TV Series

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Armed Forces Day

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Shavuot Begins

Megan 8:30-4:30/
Jenn 12-8 **17**
10:30 Aromatherapy
2:30 Making Bird Feeders
3:45 Off Unit Walks
6:30 Pathways

Megan 8:30-4:30/
Jenn 12-8 **18**
10:30 Morning Yoga
2:30 Walk for Alzheimer's
6:30 Virtual Concert: Don & Earl

Jenn 8:30-4:30/
Megan 12-8 **19**
10:30 Ladies' Beauty Time
2:30 BINGO
6:30 Creative Colouring

Jenn 8:30-4:30/
Megan 12-8 **20**
2:30 Wine & Cheese Social
3:45 Helping Hands: Folding Towels
6:30 Game Night

Jenn 8:30-4:30/
Megan 12-8 **21**
10:30 Tim Horton's Social
2:30 Baking: Victoria Sponge Cake
6:30 Movie Night

Megan 9:30-5:30 **22**
10:30 Off Unit Walks
2:30 Name that Tune!
3:30 Ball Toss

Megan 9:30-5:30 **23**
10:30 Morning Exercises
2:30 Coffee & Tea Social

Jenn OFF/Megan OFF **24**

Happy Victoria Day!
Victoria Day (Canada)
2:30 Visits with Spray!

Jenn 8:30-4:30/Megan OFF **25**
10:00 Morning Social
2:30 Flower Arranging
3:30 Courtyard Visits

Megan 8:30-4:30/Jenn 12-8 **26**
10:30 Ladies' Beauty Time
11:00 Exercises w. Rehab
2:30 Men's Club
6:30 Virtual Concert

Megan 8:30-4:30/Jenn 12-8 **27**
2:30 Virtual Worship Service
3:00 Hymn Sing
6:30 Word Games

Megan 8:30-4:30/Jenn 12-8 **28**
10:30 Painting
2:00 Balloon Badminton
3:00 Ice Cream Sundaes!
6:30 TV Series

Jenn 9:30-5:30 **29**
10:30 What's the Good News?
2:30 Afternoon Social

Jenn 9:30-5:30 **30**
10:30 Tea & Talks
2:30 Ball Toss
3:30 Off-Unit Walks

Megan 12-8/ Jenn OFF **31**
10:30 Puzzles
2:30 Spring Craft
3:30 Friendly Visits
6:30 Story Corner
Memorial Day



Activity Coordinators

Jennifer Beals & Megan Clouthier

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