
York Care Centre is excited to offer the ability to be a designated caregiver to a resident in the facility. This person can be a family member, friend, support worker, legal guardian, or any other person identified by the resident or the substitute decision maker. The ability to have more time with loved ones and help them with their mental and physical well-being is something we know families and residents have been anxiously waiting for.

While we are very excited as well, the safety of our staff and residents is very important to us. To help ensure we can keep everyone as safe as possible, we are continuing to follow the guidelines set out by Public Health. This includes limiting the number of visitors in York Care Centre, actively screening everyone who enters, and ensuring everyone is following the health guidelines in place.

To do this, we are asking that those wanting to be a designated caregiver fill out the application included and return it to York Care Centre by email, mail, or in person between 8:30 to 4:30 Monday to Friday.

Applications will be reviewed, approved and scheduled on a first-come, first-serve basis. The confined schedule will be the commitment of the Designated Caregiver. York Care Centre has the right to make changes to the schedule to accommodate all families.

Once you have been approved, there will be an orientation session which you will be required to attend. This will ensure you have all the proper knowledge you need to keep safe. Orientations will begin the week of September 14th.

To help us maintain the number of visitors in York Care Centre, a schedule will be created for each caregiver and should be followed. If you are unable to visit, please give York Care Centre 24 hours' notice. If there are repetitive missed times then York Care Centre reserves the right to adjust the schedule as we see fit. The application includes a list of timeslots available. We encourage you to pick your top three (3) choices. We will do our best to ensure everyone has their choice of times.

There will also be a section for you to select what you will be doing as the caregiver. This includes: feeding, hygiene, dressing, walking, companionship, etc.

Residents may have up to two (2) designated caregivers, however only one may visit at a time. The second caregiver may be rotated in on a regular or as-needed basis. One person may be a caregiver to multiple residents; however, they may only be a caregiver to residents at York Care Centre, and will have to have separate schedules for each resident. Caregivers will be asked to avoid visiting other facilities to protect residents.

We are also asking that caregivers take extra precautions to protect themselves from the virus when out in the public to help ensure the safety of staff

and residents.

A signature from the power of attorney will be required on the application.

Caregivers will be given an ID badge which must be worn at all times when in the facility. Masks must also be worn at all times inside and outside during the visit. Proper education on how to use personal protective equipment will be made available to all caregivers. Personal protective equipment will also be available.

Caregivers will be screened upon entry into York Care Centre. This includes a sign-in and sign-out sheet which will have COVID-19 screening questions. The Caregiver will be asked to check and sign the sheet stating they do not have any symptoms or a temperature of 38 degrees and above. If a Caregiver falls under one of the following restrictions, they will not be allowed to enter York Care Centre:

- The caregiver is experiencing symptoms or are feeling unwell.
- They are on self-isolation as per the relevant Public Health directives.
- They have come into contact with a confirmed case of COVID-19 in the past 14 days.
- They have come into contact with someone awaiting results of a COVID-19 test.
- They have travelled outside of the Atlantic Bubble (New Brunswick, Nova Scotia, Prince Edward Island or Newfoundland and Labrador) in the past 14 days.

Once a caregiver is screened, they will then proceed directly to the resident's unit. Once they have left the facility for the day, they cannot come back.

If you have any questions, please email communications@yorkcarecentre.ca or call Jamie Roy at 506-444-3880 ext. 2312. Applications can be submitted to the above email.

Caregiver agreement

Please read the following and sign.

As a designated caregiver at the York Care Centre I agree to:

- Maintain the schedule agreed upon, and give 24 hours' notice if I am unable to attend a visit.
- Ensure I sign in and out, acknowledging I have actively screened myself of the COVID-19 questions and 38 degree and above temperature.
- Be educated and adhere to all safe visit practices set out by the York Care Centre including: wearing a mask at all times, maintaining physical distancing whenever possible, performing proper hand hygiene throughout the visit, only visiting with the resident(s) I am supporting, staying in the resident's unit, only using the resident's bathroom if needed, and wiping down all packages I bring in.
- I may visit the Café or vending machines, but I will return to the resident's room to eat what I purchased.
- Take extra precautions when in the facility and when out in public to prevent the spread of COVID-19 inside or outside the facility. This includes following all Public Health safety measure in place.
- Notify York Care Centre if I develop any symptoms within 14 days of my last visit.
- Ensure I understand all the risks of exposure to COVID-19 for myself and others.

I, the undersigned, agree to the terms and conditions outlined above and will adhere to them while with _____ (please print resident's name) and understand that my position can be revoked by York Care Centre if I do not abide by these responsibilities.

Caregiver name (please print)

Signature

Caregiver 2 (please print)

Signature

Date